Crimes in the Skies

U.S. Government/Military Geoengineering our Humanity



Prepared By: James Bartleson October 2018

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Introduction

"If people who cherish freedom, who know the importance of mutual respect and are aware of the imperative necessity to establish a constructive and critical debate, if these people are not ready to speak out, to be more committed and visible, then we can expect sad, painful tomorrows. The choice is ours." Quote by Tariq Ramadan, a Swiss philosopher.

The contents of this report are about Jet Noise Pollution and Geoengineering going on in not just Okanogan County, but worldwide. No one wants to be the one to have to talk about the elephant in the room. People will belittle and berate you for questioning things that really don't make any sense to a rational mind, but name calling and verbal bashing does not pass for facts and proof. Ignorance can simply be described as condemnation without investigation. The interesting thing about the truth is that it can't be suppressed forever. Arthur Schopenhauer, an early 19th century German philosopher wrote that "All truth passes through three stages. First, it is ridiculed. Second, it is violently opposed. Third, it is accepted as being self-evident." This is what is going on today. I have been awake to the truth for a very long time, and I can no longer sit back and continue to watch it happen.

I have personally encountered weather control apparatus while I was in the Navy; and I have witnessed the use of Directed Energy Weapons (DEWs) being used to ignite so-called 'wildfires'. I was in the military for almost 8 years in the late 1980s and early 1990s. The technologies available to the military are so much more advanced than most people can even comprehend. I would be a pilot right now; but I ended up rejecting my commission when I saw horrific pictures coming from Operation Desert Storm (that weren't being shown to the public) of charcoal-like piles of melted and incinerated women and children. I was told that if I wanted to be a pilot, then I would have to participate in these 'freedomsaving' operations against all those 'terrorists'. That is not what I signed up for, and I think you will find that many veterans will tell you the same thing. Every day that I hear the sound of evil jet noise in the sky, I am tortured by the memory of these photographs.

For over 20 years, I have been a civil engineer; where most of my time has been spent outside on road construction sites, watching the incremental roll-out of weather control technology. This is NOT Global Warming, which was purposely invent by the Club of Rome for something to blame their atrocities on. I mentioned this documented fact in my presentation to the County Commissioners in May of 2014. I have included a copy of that presentation in this report.

This report is the culmination of decades of research and observation and took dozens of hours to compile. I sincerely hope that this information does not fall on deaf ears or get caught up in apathy.

Modern Weather Control and Jet Noise Pollution

Environmental warfare, technically known as 'Geoengineering', against the population of the world is being fully unleashed by the world's governments and military. Most of these operations are based out of the hundreds of U.S. Military/CIA bases located in just about every country worldwide. This has now become so overwhelmingly obvious to even the most casual observer; with the constant jet noise, daily aerosol covered skies, and un-natural weather patterns. Those who still believe that their government would never do them harm will be convinced otherwise, after reading this report; and, then, simply opening their eyes and waking up from the media induced hypnotic spell that Americans seem to be under.

Former U.S. Defense Secretary William Cohen talked about the development of weather-related weaponry; or, more specifically, techniques to create weather events to support offensive military operations. The following Cohen quote is from a question-and-answer session at the Conference on Terrorism, Weapons of Mass Destruction, and U.S. Strategy; at the Georgia Center in Athens, Ga., in 1997.

"There are some reports, for example, that some countries have been trying to construct something like an Ebola Virus, and that would be a very dangerous phenomenon, to say the least. Alvin Toeffler has written about this in terms of some scientists in their laboratories trying to devise certain types of pathogens that would be ethnic specific so that they could just eliminate certain ethnic groups and races; and others are designing some sort of engineering, some sort of insects that can destroy specific crops. <u>Others are engaging even in an eco-type of</u> <u>terrorism whereby they can alter the climate, set off earthquakes, volcanoes remotely through</u> <u>the use of electromagnetic waves.</u> So there are plenty of ingenious minds out there that are at work finding ways in which they can wreak terror upon other nations. It's real, and that's the reason why we have to intensify our efforts, and that's why this is so important."

Weather control experiments officially began in the United States in 1947 with Project Cirrus. It may have begun before this time, but this is the first officially documented instance that I can find. Operation Cumulus, Project Baton, Project Skyfire, Project Whitetop, Project Skywater, and Operation Popeye (in Vietnam, exposed in the Pentagon Papers) are other weather control experiments that have taken place since that time. The intention of each project is always sold to the public as one of monitoring and reducing the dangers of weather, when their real motivation is for the ultimate control of the weather thus gaining total control of the population. I will not spend time in this report discussing the history of all these projects. The information contained here is regarding the modern electromagnetic form of weather control that has been perfected and is being implemented every day.

In 1996, a report was conducted by top military personnel in the U.S., titled "Weather as a Force Multiplier; Owning the Weather in 2025," revealing the urgency to implement these programs. Why the urgency? Inquiries by the public are always shut down with the reason of protecting National Security. The excuse of National Security simply means the cover up of government crimes against humanity. Since that time, operations have incrementally grown in frequency until daily weather control has now been achieved. Trillions of dollars have been spent on this evil horror.

The first key element in modern electromagnetic weather control is the dispersing of metallic aerosols in the atmosphere, better known as 'Chemtrails'. This aerosol spraying takes place at low altitudes and will spread out in the sky to form a hazy layer of pollution. These are not condensation trails, which only occur at high altitudes where the air is extremely cold. Moisture in the exhaust will turn to ice crystals which will look like a very short trail behind the aircraft. Then the ice will turn back to vapor in the sky and seem to disappear. This is basic meteorological science. The modern use of High Bypass Turbofan Jet Engines have reduced condensation trail to a level of almost non-existence.

Aerosol spraying began in the 1990s under 'Operation Indigo Skyfold'. The skies worldwide are being sprayed daily as shown in the images below. There is also something that looks like spider webbing falling from the skies and can be seen on the grass and trees most days. The sky will transform into a 'plasma-like' appearance which is necessary element in weather control operations. Plasma helps to better conduct the electromagnetic energy used to manipulate the environment.





Inside these aerosols is a combination of aluminum, barium, strontium, and other metal particulates. The levels of these harmful substances in recent tests of soil and rainwater is astronomical (see Research on the Effects of Aerosol Spraying). I also have additional independent test results (not included in this report) of soil and rainwater that can be provided. Some of these sample tests have even shown bacteria, viruses, blood cells, cancer cells, and radioactive particles present in the aerosol. Have you ever noticed that your mouth is dryer these days? That is due to the high levels of aluminum (alum) in the aerosol which is known to cause extreme mouth dryness.

I have included a selection of photographs (see Pictures of Aerosol Spraying) that I have taken in Okanogan County, WA over the last decade. I have dozens of other photographs, but these are the ones I selected. They illustrate the disturbing level of aerosol spraying going on in our skies above. You can see how the spraying begins when the skies are still blue. This continues all day until there is a black hallow of poison circling the sun and the entire sky is overcast with the dispersed aerosol. This spraying has actually been going on for more than 20 years worldwide, but it has increased incrementally to the extreme level it is today.

The evil scientists at NASA have now been able to generate clouds using land based machines as shown in the following photographs. We don't know what they are injecting into these clouds; but if history

tells us anything, it is part of a sinister operation to control the population for the attainment of power and wealth. No matter what NASA tells you, it is a lie. Only a man who is against God would try to control nature.





As stated previously, the suspended metals in the atmosphere are required in order to be able to control the weather with electromagnetic technology. The suppression of advanced technologies, via the U.S. Patent office, has been going on for centuries. These are the technologies that, if exposed to the public, would put an end to the economic control system. Nicola Tesla discovered 'Free Energy' in the late 1800s, and it has been kept from the public ever since. JP Morgan, who financed Tesla, pulled the plug after he found out that the electricity wouldn't have to be 'metered'. The world has actually never needed one single drop of oil or gasoline. It has all been a lie to create profits for the few, generating economic slavery for the rest. When someone stumbles on these technologies, 'The Controllers' seize it, suppress it, and weaponize it; without exception (look at Wilhelm Reich, Royal Rife, and Eugene Mallove). Most of these inventors have ended up dead. Ben Rich (CEO of Lockheed Martin and the creator of the Stealth Fighter) said the following at a UCLA Alumni Speech in 1993.

"We already have the means to travel among the stars, but these technologies are locked up in black projects and it would take an Act of God to ever get them out to benefit Humanity...Anything you can imagine, we already know how to do."

These technologies are known as HAARP, SBX Radar Ships, GWEN (ELF) Towers, and NEXRAD Radar Stations as seen in the images below; which also began to be constructed in the 1990s.





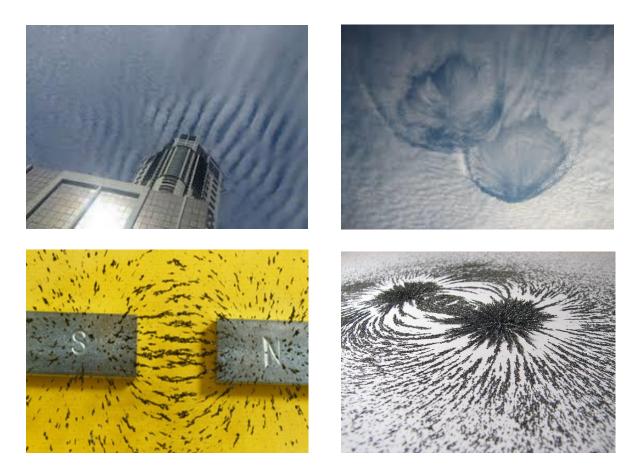


All of these electromagnetic technologies are powered by using Tesla's free energy research. The government has no power bill; but we do. The very same 'Free Energy' technology that is being suppressed, keeping the world in economic slavery, has been weaponized against them. Imagine if every village in the world suddenly had access to power and water. There would be no more hunger and sickness; no one left to exploit and control for the insane profits of the few.

Below is a graphic showing all the locations of NEXRAD radar stations in the U.S. The picture on the first page of this report shows a NEXRAD station in operation. They are also called 'National Severe Storm Laboratories'. That doesn't sound good. A laboratory tests things. Does that mean that they are testing severe storms? Yes and no. They are no longer testing. They are in full operation every day.



When the particulates in the air are being manipulated by the electromagnetic signals, there is a distinct waveform that can be seen in the sky. This works very similar to placing metal fibers on a tray and then running a magnet below the tray. The metal fibers will begin to move in an electromagnetic pattern. The following are examples of this electromagnetic field compared to magnets.

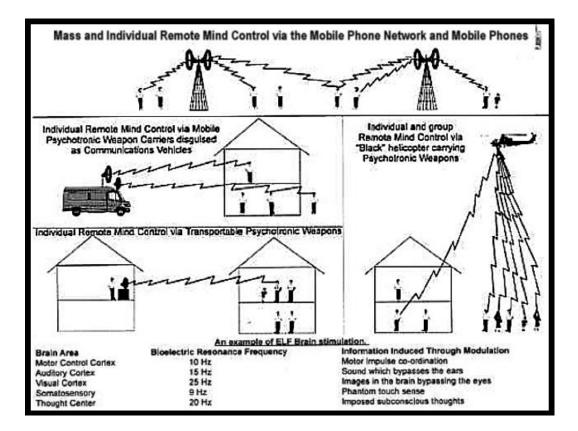


This is also how 'The Controllers' create winds necessary to spread the aerosols around evenly in the sky. Winds are also intentionally created to make the so-called 'wild' fires more severe. There is a noticeable difference between 'Natural' wind and 'Electromagnetic' wind. To tell you the truth, I can't remember the last time I have actually felt 'Natural' wind. It is easy to tell the difference, as I will describe. 'Natural' wind comes from one direction; unless it shifts due to changing temperature and pressure patterns, but it doesn't shift instantly. You can see the trees in 'Natural' wind will sway from one side to the other following the direction of the wind, and then relax as the wind speed slows down. 'Natural' wind gusts come up and slow down in a sensible pattern. This is NOT what you see today, especially in this County.

'Electromagnetic' wind moves in a circular pattern and progresses in a similar fashion. This is due to the distance of the radius from the GWEN towers. You can see this pattern in the trees as they circle around in a chaotic motion. The winds that witnesses describe from the wildfires are like a 'rotating almost tornado-like' pattern. 'Electromagnetic' wind gusts come on instantly. Around open doorways and windows around your house, 'Electromagnetic' wind will pulsate and rush in and out of the opening on all sides of the house. If 'Natural' wind was blowing, in one direction, it would create a suction on the opposite side of the house and NOT appear to be 'breathing' at all. Check all this out for yourself. I think you will see what I am talking about.

The Air Force admits to 'Weather Control' (US Patent 4,686,605 from 1987), but it has become BEYOND obvious in the last 5 to 10 years. This technology platform is the same that is used for 'Mind Control'

through SMART devices. My own acronym is: Surveillance, Mind-control, & Artificial Reality Technology. Such celebrities as Robin Meade and Al Roker, among many others, have had malfunctions in 'Mind Control' on live TV (these videos are still available on YouTube). The mainstream news media is nothing more than mockingbirds for the CIA (look into the actual Project Mockingbird started by the CIA in the early 1950s). Most news anchors are under some form of hypnotic mind control and they are ALL reading from the same script. This has all been documented. It becomes very challenging to get the truth out when we are up against such widespread brainwashing technologies where people believe everything that is broadcast on the television. It is ALL lies and distractions and actually a way of hypnotizing the people. Look at someone who is watching a television broadcast. They will appear to be in a trance and it is very hard to get their attention.



Now in 2018, to say the weather has been strange is an understatement. Mother Nature is no longer in control, and hasn't been for quite some time. Tornadoes, hurricanes, earthquakes, firestorms, and volcanic eruptions are off the charts, globally. Recent hurricanes do not behave naturally. Hurricanes don't stop and hover for extended periods like this year in North Carolina, and they certainly don't return to the sea and come back several times, recharged, like they did in Houston last year.

Here is Okanogan County alone, we have experienced near record snowfall, flooding, heat, and smoke from fire activity; all in the same year. The Okanogan River went from flood level to drought level in just 5 months. We have experienced regular wind storms and the hottest summer on record, with weather patterns that cannot be explained using the natural science of meteorology; but they can be explained with the science of electromagnetic weather control.

As if it is not sinister enough to be controlling the weather for personal gain, Okanogan County suffers from daily jet noise attacks that are so loud and horrible that words fail to describe it. This noise is very damaging to human mental and physical health (see Research on the Effects of Noise Pollution). I kept a journal for the entire month of December 2017, regarding this evil operation, and I have included a copy of my transcription of that journal with this document. I also have many videos that I have produced, recording the sound attacks when I was able. Below is a letter to the editor that I sent to the Omak Chronicle newspaper on June 2nd, 2018, regarding the noise problem. It was never published.

Is this Okanogan or Okinawa?

The day was June 1st, 2018. I remember cheering in ecstasy on my way down highway 97. "YEAH! I'm finally out of Okanogan County, for good; and it only took 3 years." Remembering back not long ago, how wonderful of a place this used to be. Sadness filled my heart and a tear welled in my eye, as I accepted that my beautiful hometown was no longer a pleasant place to live. It now resembled any hell that I could think of. I had no choice but to leave here.

Every day (with the exception of a few 'days off'), continuous jet thunder rumbling and unnerving afterburner noise destroys peace and harmony in the sky above, and you never know when it will begin or end. These sound attacks have been growing in frequency and intensity for the last five years. The area of coverage, where I have experienced it, runs from Crawfish Lake to Conconully and Malott to Oroville. It is a fairly large attack area, and requires many jets. I have seen these planes in the sky with binoculars on clear days, and I can see their lights at night if the sky is clear. It sounds like living under the dome of war; penetrating insulated house walls, hearing protection, loud music, and any ability to concentrate rationally. I had suffered through dozens of periods of time with several consecutive days of sustained high-decibel turbine noise, with durations exceeding eight to ten hours during any random day.

On November 29, 2017, the excessive sustained noise finally brought me to the brink of suicide. I reached out to everyone I knew, pleading for help on the matter; to no avail. It was truly disheartening. What is even more unnerving, is watching the people act like it's not going on. There is no possible way that I am the only one bothered by these 'Crimes against Humanity'; but, I feel like I may be the only one with the courage to do something about it, and will do whatever it takes to stop this insanity.

I have found out that Okanogan County is designated as a MOA (Military Operations Area). Did I miss something? Did the people vote to approve this perverted use of our skies? If they need to 'practice' war so regularly, then they should conduct such activities over the ocean. The very fact that they are making a point to 'practice' right above our heads leads one to believe it is an actual military operation directed against the people. The US military has a long demented history of subjecting its own populations (without their knowledge) to detrimental biological, chemical, and psychological experiments; most of them on a massive scale. Suicide and crime is proven to increase under stressful noises, and you can see these rates going up now. I know vets with PTSD that are absolutely climbing the walls when they hear these sounds. Whatever operation that is in effect; it is, not only inhumane, but illegal and unconstitutional. Look into the Posse Comitatus Act, for one. What are they practicing anyway? Last I checked, it wasn't food, love, and shelter exploding out of the missiles and bombs being valiantly delivered to unsuspecting innocent populations of people the world wide by these unseen machines of war overhead. This appears to be another incremental act of war against the populace, and it is our own fault for silently consenting to it.

After the suicide attempt, I kept a written record of these occurrences during the entire month of December 2017; commenting on how this illegal application of high-decibel, sustained, torturous noise was affecting my psyche. During the month, I estimated the durations of continuous (heard in the house) jet noise and time I had to actually wear hearing protecting. The total durations for the month of December 2017 were: jet noise – 83 hours and hearing protection – 43 hours. I have also accumulated many gigabytes of audio and video recordings of the actual attacks over the years.

This is truly a horror that affects us all. Your subconscious is being aggravated, even if you claim that you don't notice it; which I don't see how that would be possible. Start looking into the history of military experimentation on populations. Research programs like the U.N. Agenda 21 operation that has been going on for years. New agendas are being developed all the time, and we must shut them down before they destroy our society. Legal action could even be taken by the residents of the county in unison, using the data that I have accumulated.

I have empathy for those of you that have to experience this, and I understand all your fears; but unless this treasonous operation is ceased, it will continue to get worse until everyone loses their sanity. Ask yourself if you want your children being conditioned to the sounds of war on a daily basis, until it is accepted as the norm. I will die before I allow that to happen. We have to put an end to the sinister individuals behind the on-going destruction of our world, immediately. Start getting active to the point of annoying. Make your voice heard, vehemently. Until the Controllers behind all these horrible things start to fear us, nothing will change.

The World Health Organization (WHO) and the U.S. Environmental Protection Agency (EPA) recognize the harmful health effects of noise pollution. According to the Centers for Disease Control and Prevention, noise pollution is "an increasing public health problem" that can lead to a variety of adverse health effects, including hearing loss, stress, high blood pressure, interference with speech, headaches, disturbance of rest and sleep, productivity and mental health effects, and a general reduction in one's quality of life.

Noise pollution is unpleasant noise created by people or machines that can be annoying, distracting, intrusive, and/or physically painful. Noise pollution can come from outdoor sources, such as road traffic, jet planes, garbage trucks, construction equipment, manufacturing processes, lawn mowers, leaf blowers, and indoor sources, including: boom boxes, heating and air conditioning units, and metal chairs scraping on floors.

Conclusion

I ended up having to return to Okanogan County 3 months after sending the letter to the Chronicle, and the problem has only become worse. Having to endure such levels of atrocious noise from the military jets over the last several years has left me permanently mentally damaged. I have frequent panic attacks on the heaviest days, which many people I know will attest to. I am forced to wearing 2 layers of hearing protection almost every day, even inside the house. My ears get sore and infected from the long durations of having to wear them. Most days, I just think about suicide when I realize I have no escape.

I can show that all of these weather disasters have been intentionally caused by advanced military technology at the direction of the federal government to appease the U.N. It is all documented and the science is rather elementary to explain. The U.S. government/military has a VERY long record of testing their evil technologies on the unsuspecting public (see A History of U.S. Secret Human Experimentation). These persons committing such evil atrocities were 'just following orders'. That defense didn't work at Nuremburg, and it doesn't work now.

The picture below was taken in August of 2018 included with a post below it that I placed on Facebook. The smoke and aerosol haze over the county went on for weeks.



"Coming to you from the War Zone of the Divided Prisons of Amerika (formerly the USA). Jim is wearing the new look for fall with the colorful headset of hearing protection, accompanied by an additional layer of ear plugs underneath, for reduced comfort. This garment will help combat the constant thunder noise being administer by the noble heroes in the War Jets overhead, obliterating the sounds of peace. He has on the matching accessory of a snow white air mask (also available in a patriotic red, white, and blue color) to help filter the smoke from intentionally started fires; being fueled by Directed Energy Weapons, years of aluminized aerosol spraying, and man-made electromagnetic winds. This will help to clear the way for formerly free people to find their way out of the open country and into a government approved locked-down city center. This gear is sponsored by the United Nations Sustainable Development program for the new 21st Century utopia. Sleep tight, you're government has your back. That is the stinging sensation you are feeling. It is a dagger of lies."

It is unconscionable that the government thinks it can just designate a public location as a Military Operation Area (MOA) and then just do as they please. As I recall, both Hiroshima and Nagasaki were military operations areas. We are in the middle of a new holocaust, one that is worldwide. This is the most pressing issue in our society, today. These operations amount to, no less than, chemical and biological attacks of war. No person, no matter how wealthy and powerful, is above the basic natural laws of humanity. These atrocities and crimes against humanity have gone on far too long. If our current system of justice cannot address these problems, then the natural rights of the people have to be used, enacting Common Law Courts nationwide (see Common Law Proceedings in this report). We need to start using these suppressed technologies for the betterment of our own communities and stop implementing federal regulations that have no business dictating our local courses of action. We also need to start educating our own children with curriculums that are generated from the community. It is time for Americans to wake up, stand up, and take back our basic sovereign freedoms.

I will draw your attention to the following quote by William Casey, CIA Director from 1981 to 1987. "We'll know our disinformation program is complete when everything the American public believes is false." Just let that quote sink in a while and then start to evaluate everything you have ever been told with a discerning mind. Don't let the lies and propaganda overtake what you can actually see with your eyes and hear with your ears.

I will end this report with a passage from Matthew chapter 7, versus 16 through 20 in the King James Bible. "Ye shall know them by their fruits. Do men gather grapes of thorns, or figs of thistles? Even so every good tree bringeth forth good fruit; but a corrupt tree bringeth forth evil fruit. A good tree cannot bring forth evil fruit, neither can a corrupt tree bring forth good fruit. Every tree that bringeth not forth good fruit is hewn down, and cast into the fire. Wherefore by their fruits ye shall know them."

Pictures of Aerosol Spraying





Common Law Proceedings

The U.S. Declaration of Independence states that, "When a long train of abuses and usurpations, pursuing invariably the same Object evinces a design to reduce them under absolute Despotism, it is their right, it is their duty, to throw off such Government."

Since our system of 'so-called' justice has been compromised, I am proposing to establish a Common Law Court of proceedings in Okanogan County, WA. The following is information regarding this court that I intend to see through to its completion. The information was obtained from the International Tribunal into Crimes of Church and State (ITCCS) from a document entitled Common Law Community Training Manual.

Statement of Claim – The plaintiff, James Bartleson, claims suffering and psychological torment due to the illegal and regular military operations involving high decibel war planes and advanced technology instigating weather control taking place in the airspace above Okanogan County, WA. The plaintiff possesses documentation and testimony that confirms these operations are being carried out under the veil of the United Nations Sustainable Development Program (Agenda 21). The plaintiff is seeking the immediate cessation of these operations and criminal charges to be brought against all those that are directly involved or complacent to the implementation of these atrocities.

Natural Liberty and the Basis of Common Law Courts: Basic Principles

- 1. Every man, woman and child is born and is by nature free, equal and sovereign, and possesses an inherent knowledge of what is true and right. Accordingly, no-one can be subordinated to another or to any external authority, since every person's inherent wisdom and liberty makes them complete and sufficient creations in themselves, within a wider community of equals.
- 2. This personal sovereignty is a reflection of the wider Natural Law, whereby all life by nature is indivisible and placed in common for the survival and happiness of all. In any just society, this commonality endows all people with the unalienable right to establish among themselves their own governance, and defend themselves against any tyranny or violence, including that inflicted by external authorities. Any authority that rules unjustly and arbitrarily, without the free and uncoerced consent of the people, has lost its right to rule and can be lawfully overthrown.
- 3. This Natural Law gives rise to customary Common Law whose purpose is to protect the inherent liberties and sovereignty of men and women in a community by maintaining equity and peace among them. The Common Law derives its authority from the people themselves, and from the capacity of the people to know what is just and to judge right and wrong for themselves. This capacity is expressed in a jury system of twelve freely chosen people who are the ultimate judge and authority under Common Law and its courts.
- 4. Historically, Common Law arose in England after the 11th century Norman Conquest as a bulwark in defense of the people against the arbitrary rule of self-appointed elites, especially monarchs and popes. The authority of these elites was derived unnaturally, from warfare,

violent conquest and the theft of the earth, rather than from the consent of the community and its basis, the divine law of peace and equality. This elite rule arose most strongly in the Roman Empire and its descendent, the Church of Rome, under whose beliefs "god" is a dominator and conqueror, and all people are "subjects" of the Pope.

- 5. Such a conquest-based rule of papal and kingly elites gave rise to a legal system known as Civil or Roman Law, and the belief that men and women are not endowed with the capacity for self-rule and wisdom. All law and authority is therefore derived externally, from statutes devised and imposed by a ruler, whether a pope, a monarch or a government. This system developed from Aristotelian philosophy and Roman property law in which creation is divided and human beings are treated as chattels and the possessions of others, and are thereby devoid of inherent liberties. The people are thus in every sense enslaved, cut off from the world given freely and in common to all. This slave system ranks and categorizes all people, and grants restricted "freedoms" (slave privileges) that are defined and limited through statutes issued by rulers.
- 6. Common and Civil (Roman) Law are therefore fundamentally opposed and are at war with each other. They cannot be reconciled, since they arise from two completely different notions of humanity and justice: Common Law knows life as a free gift given equally to all, while under Civil Law, life is a conditional privilege, and humanity is a managed slave populace. Accordingly, governments operate in practice according to Civil (statute) law and denigrate or ignore Common Law altogether through the rule of unaccountable judge-dominated courts.
- 7. The most extreme form of elite-based Civil/Roman Law is what is called Papal or Canon Law, which defines the Church of Rome as the only legitimate authority on earth to which all other laws, people and governments are subordinate. Canon law is self-governing and completely unaccountable to anything but itself. Behind its front of Christian rhetoric, Roman Catholicism is a neo-pagan cult based upon the late 3rd century Roman Emperor-worship system known as Sol Invictus, in which one sovereign entitled "God and Master" (Deus et Dominus) rules heaven and earth: specifically, the Pope. This tyrannical cult has not surprisingly caused more warfare, genocide, conquest and murder than any power in human history, and continues to constitute the single greatest threat to Common Law and human liberty.
- 8. The Church of Rome was the first and is the oldest corporation on our planet: a legal entity designed for the protection of tyrants, which nullifies the individual liability and responsibility of the elites for any crime or conquest they perpetrate. From Rome and the Vatican Incorporated has spread the contagion that now threatens to destroy our planet and our lives, as unaccountable corporate oligarchy everywhere subverts liberty and the health of our planet by subordinating all of life to profit and power.
- 9. At this very moment of corporate conquest and its subjugation of humanity, a countermovement is arising to reassert the divine purpose and its operation through the Common Law, and to restore the earth and humanity to their natural being as a common body. This movement is foretold Biblically and in prophecy as the time when all people are returned to their natural

equality, devoid of all divisions, privileges and oppression, in order live in harmony with creation and one another.

10. This restoration of humanity is a divine purpose, and begins by actively dis-establishing all existing authority and institutions derived from Roman civil law, and replacing them with a new governance under Common Law jurisdiction. The creation of that new Natural Law authority among a liberated humanity is the fundamental purpose of the Common Law Courts.

John Hancock, declared in 1777, "If we have not Courts that are established and maintained by the People, rather than by bribable Judges, then we will have no Republic ... Our Constitution and our Nation will rise or fall according to the independence of our Courts."

Establishing and Maintaining Common Law Courts

The Common Law's Basic Principles establish its general legitimacy and lawfulness. This valid system gives rise to Courts with the power to protect the people as a whole by prosecuting and indicting any persons and institutions that threaten the community.

The mandate to establish such Courts is derived from the sovereignty of the people as a whole, and not from any particular political system or government. Common Law Courts are therefore universal, not constricted by customary borders or laws, and are jurisdictionally competent to adjudicate any issue or grievance. Common Law Courts are not subject to and do not recognize any other legal or moral authority, immunity or privilege, like those routinely claimed by heads of churches and states.

Enjoying universal jurisdiction because of its rootedness in the Natural Law, Common Law Courts can be established in any country or community, and not only within nations with a specifically common law legal tradition, such as England, Canada and America.

Common Law Courts are established when any number of men and women come together to judge a matter of concern to them and to their community. Thus, such Courts are invariably and naturally linked to political movements, "town hall gatherings" and Tribunals of Conscience that unite citizens and give direct voice to their concerns and demands. The Court is thereby the expression of that voice. The Court itself is established by the direct will and vote of the people as a whole, who elect Citizen Jury of at least twelve people, a Citizen Prosecutor to conduct the case on behalf of the people, a presiding Adjudicator whose job is strictly advisory, and a Sheriff and group of Peace Officers to enforce the summonses, warrants and verdicts of the Court.

Additionally, the community may appoint local magistrates versed in the law known as Justices of the Peace (JP's), who traditionally have the power to summon juries and issue warrants. The JP may also initiate the formation of a Common Law court.

Legal Procedure and Court Protocol

Common Law, being derived from Natural Justice, bases its legal procedures on the centrality of Due Process: the three-fold right of anyone to be notified of the charges being brought against him, to see the evidence in such a suit, and to be tried and judged before his own peers.

No legitimate trial can proceed nor can a conviction be rendered if the accused has not been given these rights, and afforded the chance to freely defend himself in a court of law.

Such rights are based on these fundamental doctrines of the Common Law:

- 1. It is presumed that the accused is innocent, not guilty;
- 2. The burden of proof of the accused's guilt rests not upon the defendant but the plaintiff, who must convince a jury of the guilt of the accused beyond any reasonable doubt; and,
- 3. The accused cannot be detained without due process but must appear promptly before a Court, according to the principle of Habeas Corpus (Latin for "produce the body").

Both sides in a dispute are given equal time to file their statements and evidence, make motions to the Court, and respond to arguments. But to avoid "vexatious litigation" designed to simply harass or disrupt an adversary – which can drag out and impede justice and due process itself – the Court normally sets a strict time limit on pre-trial proceedings, after which the trial must commence.

The pre-trial period is designed to allow both sides the opportunity to present their evidence and arguments to one another in order to seek a settlement prior to a Court appearance. This presentation is usually referred to as "Examination for Discovery" or Voir Dire ("to see and to say"), where either party can demand any relevant evidence or document from the other.

If Examination does not produce a settlement of differences, then the Court is convened and a trial begins. The general procedures and protocols of a Common Law Court are summarized in the following outline.

Step One - Compiling the Case

Statement of Claim – The plaintiff, James Bartleson, claims suffering and psychological torment due to the illegal and regular military operations involving high decibel war planes and advanced technology instigating weather control taking place in the airspace above Okanogan County, WA. The plaintiff possesses documentation and testimony that confirms these operations are being carried out under the veil of the United Nations Sustainable Development Program (Agenda 21). The plaintiff is seeking the immediate cessation of these operations and criminal charges to be brought against all those that are directly involved or complacent to the implementation of these atrocities.

Step Two – Seeking the Remedy of a Common Law Court: Filing a Notice of Claim of Right

The Public Notice of Claim of Right (see below) will be posted publicly and published in the newspaper of record. The possible locations of the proceedings cold be the casino, public library, a lodge, county courthouse, or other appropriate public facility.

PUBLIC NOTICE OF CLAIM OF RIGHT

Issued by	, Jame	s Bartleson	on	October xx.	2018
		0 200000		0 010 0 01 701	

in the community of _____Okanogan County, WA_____

I, <u>James Bartleson</u>, give public notice of my personal claim of right and of lawful excuse to convene and establish a common law court under my liberty as a flesh and blood man or woman; and I do hereby call upon the support of all competent men and women to assist me in this lawful right.

I further give public notice of my personal claim of right and of lawful excuse to convene and establish as part of such a court a jury of my peers, consisting of twelve men or women, to judge a matter affecting the wellbeing, rights and safety of myself and my community, that matter being the following:

I, the plaintiff, claim suffering and psychological torment due to the illegal and regular military operations involving high decibel war planes and advanced technology instigating weather control taking place in the airspace above Okanogan County, WA. The plaintiff possesses documentation and testimony that confirms these operations are being carried out under the veil of the United Nations Sustainable Development Program (Agenda 21). The plaintiff is seeking the immediate cessation of these operations and criminal charges to be brought against all those that are directly involved or complacent to the implementation of these atrocities.

I further give public notice that the said jury of my peers claims the jurisdictional competence to judge this matter and issue a sentence and verdict within the said common law court established to render such a judgement, based upon proven and irrefutable evidence presented within its court.

I hereby publicly call upon and request the support of my community to establish this common law court and its jury of twelve men or women, to be sworn to act in such a capacity for the duration of the court proceedings, according to Natural Law and the rules of evidence and due process.

I make this public claim of right freely, without coercion or ulterior motive, in the interest of justice and the public welfare.

Claimant

(witness)

Date

Step Three – Forming a Common Law Court

Within 24 hours of the issuing of such a Notice of Claim of Right, any twelve citizens of a community can constitute themselves as a Common Law Court and its jury, and must then appoint the following Court Officers from their ranks:

- a Court Adjudicator, to advise and oversee the Court

- a Public or Citizen Prosecutor to conduct the case; this person is normally the Plaintiff himself or someone he authorizes to advise but not represent him

- a Defense Counsel to advise but not represent the accused

- a Court Sheriff, either elected from the community or delegated from among existing peace officers

- Bailiffs, a Court Registrar and a Court Reporter

It is assumed that people with knowledge of the Common Law and legal procedure will act in these capacities. And, as mentioned, a Common Law Magistrate or Justice of the Peace may also initiate this formation of a Common Law Court.

OATH OF COMMON LAW COURT OFFICE

To be issued to any sworn agent of the Court or to all persons or law enforcement officers deputized by the Court or its Sheriffs

I, _____, being of sound mind and clear conscience, do hereby swear that I will faithfully and justly execute the office of an agent of the Common Law Court of Justice according to the best of my abilities.

I understand that if I fail in my duties or betray the trust and responsibilities of my office I will forfeit my right to this position and can be dismissed.

I take this solemn oath freely, without coercion, reservation or ulterior motive, according to my conscience as a free man or woman, and as a citizen under the authority and jurisdiction of the Common Law.

(signed)

(witness)

Date

(Stamp of the Court)

Step Four - Swearing in and Convening the Jury and Court Officers: Oaths of Office

Upon the appointment of these Court Officers, the Adjudicator (a Justice of the Peace or a comparable Magistrate) will formally convene the Court by taking and administering the following Oath of Common Law Court Office to all of the Court officers:

I (name) will faithfully perform my duties as an officer of this Common Law Court according to the principles of Natural Justice and Due Process, acting at all times with integrity, honesty and lawfulness. I recognize that if I fail to consistently abide by this Oath I can and will be removed from my Office. I make this public Oath freely, without coercion or ulterior motive, and without any mental reservation.

After taking this oath, the Jury members, Court Counselors, Sheriffs, Bailiffs and Reporter will then convene and receive instructions from the Adjudicator concerning the case. The Adjudicator is not a presiding Judge or Magistrate but an advisor to the Court, and has no power to influence, direct or halt the actions or the decisions of the Jury or other Court officers, except in the case of a gross miscarriage of justice or negligence on the part of other Court officers. Thus, the Court is self-regulating and dependent on the mutual respect and governance of all the Court officers and the Jury.

Step Five – Pre-Trial Conference

The Adjudicator brings together both parties in a pre-trial conference in an attempt to settle the case prior to a trial. If a settlement is not achieved, both parties must then engage in a mandatory Examination of Discovery, in which the evidence and counter-evidence and statements of both sides will be presented. After a period of not more than one week, this pre-trial conference will conclude and the trial will commence.

Step Six – Issuing of Public Summonses

No person or agency may be lawfully summoned into Common Law Court without first receiving a complete set of charges being brought against them and a formal Notice to Appear, or Writ of Public Summons. Such a Summons outlines the exact time, date and address when and where the trial will commence.

The Public Summons is applied for by the Plaintiff through the Court Registrar. The Summons will be issued under the signature of the Court Adjudicator and delivered to the Defendant by the Court Sheriff within 24 hours of its filing in the Court Registry by the Plaintiff. The Sheriff must personally serve the Defendant, or post the Summons in a public place and record the posting if the Defendant avoids service. The Defendant has seven days to appear in Court from the date of service.

Step Seven – The Trial Commences: Opening Arguments

After an introduction by the Adjudicator, the trial commences with opening arguments by first the Plaintiff or Prosecutor, and then the Defendant. The Adjudicator and both Counselors will then have the

chance to question either parties for clarification, and to make motions to the Court if it is apparent that the proceedings can be expedited.

Note: Step Seven can still occur even if one side, usually the Defendant, is not present in Court and refuses to participate. Such a trial, being conducted "in absentia", remains a legitimate legal procedure once the Defendant is given every opportunity to appear and respond to the charges and evidence against him. An In absentia trial will commence with the Plaintiff presenting his opening argument followed by his central case. The Court-appointed Defense Counsel will then be given the chance to argue on behalf of the absent Defendant, if that is the wish of the latter.

It is often the case that a non-response or non-appearance by the Defendant can result in the Adjudicator advising the Jury to declare a verdict in favor of the Plaintiff, on the grounds that the Defendant has tacitly agreed with the case against himself by not disputing the evidence or charges, and by making no attempt to appear and defend his own good name in public.

Step Eight – The Main Proceedings

Assuming the proceedings are not being conducted in absentia and the Defendant is present, the main proceedings of the trial then commence with the Plaintiff's presentation of the details of his evidence and argument against the Defendant, who can then respond. The Plaintiff may be assisted by the Citizen Prosecutor.

After his presentation, the Plaintiff is then cross-examined by the Defendant or his advising Counsel. Following cross-examination, the Defendant presents his case, with or without his advising Counselor, and in turn is cross-examined by the Plaintiff or the Citizen Prosecutor.

Step Nine – Closing Summaries and Arguments to the Jury and final advice by the Adjudicator

After the main proceedings, the Adjudicator has the chance to further question both parties in order to give final advice to the Jury. The Plaintiff and then the Defendant then have the right to give their closing summary and argument to the Court. The Adjudicator closes with any final comments to the Jury.

Step Ten – The Jury retires to deliberate

The Court is held in recess while the twelve citizen jury members retire to come to a unanimous verdict and a sentence, based on their appraisal of all the evidence. There is no time restriction on their deliberations, and during that time, they are not allowed contact with anyone save the Court Bailiff, who is their guard and escort. The Jury's verdict and sentence must be consensual, non-coerced, and unanimous.

Step Eleven – The Jury issues its unanimous verdict and sentence

The Court is reconvened after the Jury has come to a verdict. If the jurors are not in complete unanimity concerning the verdict, the defendant is automatically declared to be innocent. The Jury spokesman,

chosen from among them by a vote, announces the verdict to the Court, and based on that verdict, the final sentence is also declared by the Jury.

Step Twelve – The Court adjourns and the Sentence is enforced

Following the announcement of the Verdict and Sentence, the Adjudicator either frees the Defendant or affirms and authorizes the decision of the Jury in the name of the community and its Court, and instructs the Sheriff to enforce that sentence. The Adjudicator then dismisses the Jury and formally concludes the trial proceedings, and the Court is concluded. The entire record of the Court proceedings is a public document, accessible to anyone, and can in no way be withheld, altered or compromised by the Adjudicator or any other party.

A Note on Common Law Enforcement: It is understood that every able bodied citizen is obligated and empowered by Natural Law to assist the Court Sheriff and his Deputies in enforcing the sentence of the Court, including by ensuring the imprisonment of the guilty, the monitoring of his associates and the public seizure of the assets and property of the guilty and his agents, if such is the sentence of the Court. This collective law enforcement is required in the interest of public safety, especially when the guilty party is an entire institution or head officers of that body.

NOTICE AND WARRANT TO DEPUTIZE

ISSUED UNDER THE AUTHORITY OF THE SHERIFF'S OFFICE OF THE COMMON LAW COURT OF JUSTICE AND THE JURISDICTION OF NATURAL LAW AND THE LAW OF NATIONS

To all Peace Officers and Law or Statute Enforcement Officials:

This Public Notice is issued to you as a lawful warrant by the Common Law Court of Justice, placing you under the jurisdiction of the Court and Natural Justice, and deputizing you as its officers.

Upon your taking the appended Oath of Common Law Court Office (below), you are empowered to act as the lawful agents and protectors of the Court and its proceedings, and to serve and enforce its writs, warrants, summonses and court orders on any and all persons and corporations named by the Court.

If you choose not to take this Oath of Office, you are compelled and ordered by the Court and by Natural Law to refrain from interfering with the actions of other Officers so deputized and empowered to act for the Court.

If you resist, disrupt or impede the actions of the Court or its Officers you can and will be charged with criminal assault and obstruction of justice.

Issued on _____ in the Community of

_____ by the following Legal Agent or Sworn Peace

Officer or Sheriff of the Common Law Court of Justice:

(signed)

(witness)

(Stamp of the Court)

A Note on Appealing Common Law Court Decisions: Under the doctrine of Natural Law, in which every man and woman is born with an inherent grasp of right and wrong and of justice, it is understood that a jury of twelve citizens, when given the complete evidence and facts of a case, will arrive at a just and proper verdict. The truth of that verdict must stand and is not subject to re-evaluation or dispute, except in the case of a gross dereliction of duty or non-consideration of evidence. Therefore, the verdicts of Common Law Court juries are not subject to appeal or revision, since the truth is not mutable or reformable.

This solidity of a verdict is also required by the Common Law doctrine and custom of Stare Decisis, meaning "the decision stands", whereby the precedent decisions of previous Court verdicts have binding authority. Without Stare Decisis, the law is subject to the whims and political interference of rulers and despots.

In the words of Black's Law Dictionary, The doctrine of stare decisis states that legal decisions are binding and shall not be reversed. "The decision stands." That is, once a court has entered its judgment upon an issue, it shall not reverse itself. This is in fact the foundation of legality in the common law system – and is one of the principal differences between common and civil law (our emphasis).

May 2014 presentation to Okanogan County Commissioners

First off, we would like to thank the County Commissioners for this opportunity to speak before you today.

My name is Jim Bartleson and I was raised here in Okanogan County. I moved back home 5½ years ago after being gone for 20 years in hopes of finishing my career out and retiring in my hometown. I am a licensed Professional Civil Engineer in the State of Washington and I come before you today as a concerned citizen representing no agency in particular. In the past several years I have started to see a drastic change in what is really going on in this country and worldwide.

I stand before you today to present some rather disturbing facts that I have stumbled upon over the years. I am empathetic to the people that will have a hard time believing some of these things I have to share. I know how our opinions and thoughts have been effectively manipulated by the media we are bombarded with at every turn. I was even one of the deceived for quite some time. It was not easy to accept, but the facts simply don't lie and they are irrefutable. I could not rationally dispute the facts that I found with regards to this global conspiracy and it is all documented. I will leave people to make up their own minds on whether they want to continue down this road.

J. Edgar Hoover, the first director of the FBI, once stated.

"The individual is handicapped by coming face to face with a conspiracy so monstrous he cannot believe it exists."

What we are going to discuss today is only a fraction of what is going on but it is very significant. I fear this agenda is not stoppable now, but that does not mean that we can't try. I can no longer sit back and look at the faces of all these people being affected by it and continue to do nothing. It is time to do something and share with the public these things that I have discovered.

This country has been warned time and time again by many respected people as to what is really going on and they did not listen then and most still do not listen now. Here are a few examples of warnings that we have received.

President Eisenhower stated during his farewell address.

"In the councils of government, we must guard against the acquisition of unwarranted influence, whether sought or unsought, by the military industrial complex. The potential for the disastrous rise of misplaced power exists and will persist."

I would encourage you all to read Eisenhower's entire farewell speech, which can easily be found online.

President Kennedy stated in a speech made to Columbia University on Nov. 12, 1963, ten days before his assassination.

"The high office of the President has been used to foment a plot to destroy the American's freedom and before I leave office, I must inform the citizens of this plight."

Kennedy also warned us about secret societies that influential members of our government are involved with.

"The very word "secrecy" is repugnant in a free and open society; and we are as a people inherently and historically opposed to secret societies, to secret oaths and secret proceedings ... (but) we are opposed around the world by a monolithic and ruthless conspiracy that relies on **covert means** for expanding its sphere of influence ..."

Our government's involvement in secret societies is vast and treasonous. There are many other societies that these people are involved with but that is a discussion for another time. The society which we are talking about today is the <u>Club of Rome</u>, which was formed in 1968. It is a small club and you and I are not in it.

Some of its key influential members include Al Gore, Maurice Strong, Mikhail Gorbachev, Robert Muller, David Rockefeller, Bill Clinton, Jimmy Carter, Bill Gates, Ted Turner, George Soros, Tony Blair, Henry Kissinger, Vincente Fox, and George H.W. Bush.

The Club of Rome is a crisis think tank for the purpose of crisis creation. Its goal is to create the one crisis that will be able to install a world government as a solution. From a document called 'The 1st Global Revolution' it states.

"In searching for a new enemy that will unite us we came up with the idea that pollution, the threat of global warming, **water shortages**, famine and the like would fit the bill."

This is the true origin of Global Warming and Agenda 21. You may know this better as UN Sustainable Development.

In 1992, George H.W. Bush stated.

"Effective execution of Agenda 21 will require a profound re-orientation of human society unlike anything the world has ever experienced - a major shift in the priorities of both governments and individuals and an unprecedented redeployment of human and financial resources. This shift will demand that a concern for the environmental consequences of every human action will be integrated into individual and collective decision making at every level."

President Bush signed this agreement in 1992 before leaving office.

Former governor of Washington State, Dixie Lee Ray stated.

"Agenda 21 seeks to establish a mechanism for transferring the world from citizens to the third world. Fear of environmental crisis would be used to create a world government and U.N. central direction."

Here is a list of executive orders that have been signed to implement Agenda 21. I encourage you all to look the specifics of these up for yourselves as we do not have the time in this forum to discuss them.

- EO 12858, Bill Clinton, created the President's Council on Sustainable Development, fully implements the UN Sustainable Development plan in to United States policy.

- EO 13423, George W. Bush, Strengthening Federal Environmental, Energy, and Transportation Management, encouraging green technology implementing more restrictions on personal freedom.
- EO 13575, Barack Obama, establishes the White House Rural Council, which will effectively remove farmers land rights.

What is going on by incrementally encroaching on waterways using the excuse of endangered species and environmental regulation is nothing more than implementation of this agenda. That is what we are seeing in Johnson Creek and Salmon Creek. Mr. Haeberle will be getting into some of the specifics that have already taken place.

Another result of this agenda has been the geo-engineering and aerosol spraying of our atmosphere with toxic chemicals. The excuse of global warming has been used to justify this, but there is no way that particulates sprayed into our atmosphere can be good for our health which amounts to a crime against humanity. I have brought pictures with me today that show this going on locally, and it has been going on for <u>years</u>.

(Present pictures)

All you have to do is look up in the sky every day. This agenda has been kicked into high gear over the last several years and it goes on almost daily. Have you ever noticed that most days we wake up to a blue sky and by the end of the day there is nothing but this gray haze that is most definitely not clouds. It looks like a smoky sky and there is a dark toxic ring around the sun on the heaviest days. I have even noticed that some of this spraying goes on at night where I wake up and the toxic ring is already around the sun. Just look up, you can't deny your own eyes.

Our goal here today is to hopefully get people to start questioning some things that are going on around them and take notice. Be aware of your surroundings and start looking at the realities. If you can feel that something is wrong, then it most likely is.

Remember, free people are not afraid of their governments. Governments are afraid of free people.

Now, I would like to introduce Mr. Rod Haeberle who will expand on some of the results of this from around the nation and locally.

Thank you for your time and attentiveness.

Research on the Effects of Noise Pollution

The following are various articles and studies related to the effects of jet noise pollution on humans.

Noise Pollution

(from the UC Davis website)

Eco-Healthy Child Care[®] helps early childhood learning environments to be as healthy, safe and green as possible by reducing children's exposure to toxic chemicals.

Health Concerns

The World Health Organization (WHO) and the U.S. Environmental Protection Agency (EPA) recognize the harmful health effects of noise pollution. According to the Centers for Disease Control and Prevention, noise pollution is "an increasing public health problem" that can lead to a variety of adverse health effects, including hearing loss, stress, high blood pressure, interference with speech, headaches, disturbance of rest and sleep, productivity and mental health effects, and a general reduction in one's quality of life.

What is Noise Pollution?

Noise pollution is unpleasant noise created by people or machines that can be annoying, distracting, intrusive, and/or physically painful. Noise pollution can come from outdoor sources, such as road traffic, jet planes, garbage trucks, construction equipment, manufacturing processes, lawn mowers, leaf blowers, and indoor sources, including: boom boxes, heating and air conditioning units, and metal chairs scraping on floors.

Noise Pollution and the Developing Child

- Children develop better concentration skills in a quiet environment.
- Children who are exposed to noise pollution while learning are more likely to experience reading delays.
- Children who suffer from noise pollution learn to tune out not only noise but also the teacher's voice, which can harm their reading and language skills.
- Children have more difficulty understanding spoken language and distinguishing the sounds of speech when learning in a noisy environment.
- Children who spend time in noisier areas have higher resting blood pressure and higher stress levels.

Take Charge!

Consider the possible sources of noise pollution in and around your child care setting and identify effective ways to reduce harmful impacts:

- Close windows and doors to shut out noise from lawn mowers, leaf blowers, and garbage trucks. Open windows when noise ceases for good ventilation.
- Install noise absorbent materials on ceilings and walls wall quilts and carpeting, cork board.
- Only play music intentionally as part of the curriculum. Never play music or a radio that is for background/white noise. Never use white noise machines. Allow children to nap in quiet do not play music while children are sleeping.
- Fight the noise. Noise pollution is often an environmental justice issue. Work with neighbors, your city and/or licensing agency to request that noisy activities are adjusted to meet the needs of your program (i.e., loud construction should not be done while children are sleeping).
- Place noisy activities next to each other and away from "quiet areas" reserved for learning activities requiring concentration.
- Provide headphones for listening centers and monitor volume to ensure a lifetime of good hearing.

Examples of Decibel (dB) Readings

Noise or sound is measured in decibels (dB). A person's hearing can be damaged if exposed to noise levels over 75 dB over a prolonged period of time.

Painful 120-140 dB = jackhammer, jet plane take-off, amplified rock music at 4-6 ft Extremely Loud 90 dB = lawnmower, shop tools, truck traffic, subway Very Loud 60-80 dB = dishwasher, alarm clock, busy street, vacuum cleaner, normal conversation Moderate 40-50 dB = moderate rainfall, quiet room Faint 30 dB = whisper, quiet library

Eco-Healthy Child Care[®] (EHCC) is a science-based, award-winning national program that seeks to improve the environmental health of children by partnering with child care professionals to eliminate or reduce environmental health hazards found in child care facilities. Originally created by the Oregon Environmental Council in 2005, EHCC is now managed by Children's Environmental Health Network.

Sounding Off on Noise

by Jeanine Barone

(from the Berkley Wellness website)

Environmental psychologist Arline L. Bronzaft, PhD, is professor emerita of psychology at Lehman College, City University of New York, and an expert witness in court cases and government hearings on the impact of noise on mental and physical well-being. She spoke with us about the detriments of noise on everything from our physiology to children's learning.

Does noise have to be loud to affect people?

Not necessarily. Noise is any unwanted, uncontrollable, or unpredictable sound. A dripping faucet next to your bed, if you're trying to fall asleep, may not be loud but it's bothersome. The plane flying over your home every 30 or 40 seconds may not be that loud but if you're trying to read on your back porch, that's intrusive. Sounds from leaf blowers, neighbors, construction, overhead airplanes, and nearby traffic are the sounds that most of us are exposed to and bothered by in our daily lives. If you measured the sounds of a dog barking, it wouldn't be loud but it could be annoying; try falling asleep, studying for an exam, or reading a book while it's happening.

Then there's low-frequency noise, like the sound coming from nearby wind turbines or from the music of the bar below your apartment. Residents living near wind turbines complain that they are disturbed by the low-frequency sounds of the spinning blades. Similarly, if you live above a bar, the music may not be loud, but you can hear and maybe even feel the music's low-frequency sounds as you lie in bed. How can intrusive, though not loud, sounds harm people's health?

The dog barking or the television playing from an upstairs apartment while you're trying to fall asleep may lead to stress which, in turn, can increase your heart rate, cause your blood pressure to rise, slow down digestion, or make you sweat. These are the physiological changes that are part of the body's reactions to stress. If stress is sustained, which could happen if you are living with overhead aircraft noise month after month, then this can result in damage to your body. Some studies demonstrate that people, especially older people, who live near airports are more likely to be admitted to a hospital for cardiovascular disorders. Exposure to noise can also impact sleep. It is during sleep that the body recuperates from the activities of the day. Loss of sleep because of noise can lead to health problems.

Short of actual harm, are there other detriments to noisy environments?

Definitely. Noise also diminishes the quality of life. People who have to live with noise say they cannot carry out their normal daily activities, such as enjoying their back porches because of overhead aircraft noise, or conversing with others or reading or watching television because of intrusive noises. In the case of wind turbines, people complain they can't sleep or they are suffering from headaches. The Canadian government asked a group of scientists to write a report summarizing the research on turbines and health. Then the Canadian government asked another team—which I was a part of—to look at that report. Our final report could not definitively state that wind turbines adversely affect health. But the fact that residents complained that the noise caused annoyances and stress indicated that further research was definitely called for. It's important to remember that being healthy includes being able to enjoy a decent quality of life.

Your research has found that noise has a negative impact on children's learning. Can you tell us about that?

Forty years ago, I conducted a study that examined the reading scores of children attending a school adjacent to an elevated train track in NYC where, along one side of the building, the classrooms were exposed to passing train noise every 4.5 minutes. On the opposite side of the building, the classrooms were not intruded upon by passing train noise. I looked at the reading scores of the children on both sides of the building. Since all the children in the school lived in the same neighborhood and were of similar backgrounds, the study was considered well controlled. By the sixth grade, the children exposed to noise were nearly a year behind in reading compared with those in a quiet classroom. Since the teachers in those classrooms stopped teaching about 11 percent of the time to accommodate the passing trains, the students got less teaching time overall. It was also difficult for the children to take tests as the trains passed. And even when the teacher didn't stop teaching, there were times when children could not hear the teacher. Teachers exposed to passing train noise also complained that they were stressed by having to teach in such an environment.

I brought the data from my published paper to the transit authority at a time when they were testing out a method to lessen train noise by installing rubber resilient pads on the tracks. I persuaded them to test out the effectiveness of these pads at that school site. The school principal and I also persuaded the board of education to install acoustic ceiling tiles in classrooms exposed to train noise. These two noise abatements lessened the noise in the classrooms. A later study at the school found that there was a decrease in the noise, and that the children on both sides of the school were reading at the same level. Those two studies are considered landmark reports in the field. Subsequent research—examining, among other things, the effects of aircraft noise on classroom learning—confirmed the findings. Children cannot learn in noisy classrooms.

This opinion does not necessarily reflect the views of the UC Berkeley School of Public Health or of the Editorial Board at BerkeleyWellness.com.

Noise Pollution Hurts Kids' Learning

Living Near Airports Impairs Reading By Salynn Boyles (from the WebMD Archives)

Oct. 11, 2002 -- Children who are repeatedly exposed to loud environmental noises learn to read more slowly than their peers, a German study of kids living near airports finds. The research is the best direct evidence yet that noise pollution has a negative impact on learning and long-term memory.

Researchers analyzed data on children in Munich who either lived near the city's old airport, which was scheduled to close, or near the site of its new airport. They assessed reading and other learning skills

prior to and after the airport switch and found that reading scores improved for children who went from the noisy to the quiet environment, while they declined for those who went from the quiet to noisy one.

"This is the first long-term study of the same children before and after airports near them opened and closed," says environmental stress researcher Gary Evans, who was the study's lead researcher. "It nails down that it is almost certain that noise is causing the difference in children's ability to learn to read."

The latest research, published in the journal Psychological Science, joins about two dozen studies linking environmental noise to impaired learning in children. The evidence is so strong that a federal committee recently issued a report assessing the impact of aircraft noise on classroom learning. The committee concluded that repeated exposure not only interferes with reading, but with motivation, memory, language and speech acquisition.

But researcher and anti-noise activist Arline Bronzaft, PhD, tells WebMD that there is still a great deal of denial among government officials about the impact of environmental noise on learning.

In landmark research published in the 1970s, Bronzaft studied children in a New York school in which some of the classrooms faced a loud, aboveground subway rail and others did not. She found that by the sixth grade, children in the noisy rooms were a year behind their peers in reading skills. After acoustical tiles were installed to lower noise levels she did the research again and found no difference in reading skills among children in the different classrooms.

"Even after all these years I still hear officials say there is little direct evidence that noise impacts learning," Bronzaft says. "Well, there is nothing contradictory in these studies. The literature is full of direct evidence."

While the strongest studies link noise pollution with impaired cognitive development, there is also some evidence that excessive noise affects kids physically. In a study published in 1998, Evans found that children living near busy airports had elevated blood pressure and stress hormone levels, compared with kids living in quieter areas.

"There is no question that noise affects us physically, independent of its very direct impact on hearing," says Les Blomberg, executive director of the Noise Pollution Clearinghouse.

Blomberg points out that humans are evolutionarily hardwired to become stressed when they hear loud noises. And since stress plays a role in most human illnesses, it only makes since that noise pollution can make us sick.

"When we evolved as a species it was a much quieter planet," he says. "If we didn't wake up in the middle of the night when we heard noises, we might get eaten. These days, we are assaulted by half a dozen loud noises every time we walk down the street."

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Torture Methods With Sound: How Pure Noise Can Be Used To Break You Psychologically

Jan 20, 2015 05:46 PM By Justin Caba @jcaba33 (from the Medical Daily website)

Have you ever got a song stuck in your head that you just can't seem to shake? That catchy piece of music on a recurrent loop in your brain, also known as an earworm, may seem torturous but pales in comparison to actual sound torture employed for military purposes. Sound torture is a type of psychological warfare used to break the will of prisoners using loud music or white noise. While many of us use music to escape or even center ourselves, it can also be used as an instrument of torture under the right conditions.

Sound Torture During The Iraqi War

After details emerged regarding the U.S. military's use of torture during the Iraqi War, common methods of physical torture, including "waterboarding," hooding, and physical abuse, came under immense national and global scrutiny. The use of torture remains a widely debated issue when it comes to the treatment of military detainees. Music torture is currently banned by the United National Convention Against Torture, but it is still permitted under U.S. law. The United National Convention Against Torture as: any act by which severe pain or suffering, whether physical or mental, is intentionally inflicted on a person for such purposes as obtaining from him, or a third person, information or a confession, punishing him for an act he or a third person has committed or is suspected of having committed, or intimidating or coercing him or a third person, or for any reason based on discrimination of any kind, when such pain or suffering is inflicted by or at the instigation of or with the consent or acquiescence of a public official or other person acting in an official capacity.

Errol Morris's 2008 documentary "Standard Operating Procedure" focused on abuse and torture of prisoners at the Abu Gharib prison in 2003 by U.S. soldiers. A clip from the film features a U.S. soldier explaining the use of deafening music to have a psychological impact on prisoners of war.

So-called "no touch" torture is by many considered more humane compared to waterboarding or hooding, but it's just as effective when it comes to coaxing information out of military prisoners. Other forms of "no touch" torture that are combined with sound torture include sleep deprivation, controlling the temperature of interrogation rooms, and violating the prisoner's religious or cultural beliefs. Even though the prisoner is not harmed physically, human rights activists still find these techniques to be a violation of basic human rights.

How Sound Torture Works

Certain interrogation reports highlight the use of loud music reaching upward of 79 decibels for weeks and even months. Heavy metal music, such as Metallica's "Enter Sandman," Rage Against the Machine's "Killing in the Name Of," and Deicide's "Fuck Your God," often ends up on the CIA's "torture playlist." However, the most popular song used to torture prisoners at Guantanamo Bay and other detention centers in Iraq or Afghanistan was "I Love You" by Barney the Purple Dinosaur.

In addition to the ear-splitting decibel level, the music's content is often chosen to offend the prisoner's cultural beliefs. Sergeant Mark Hadsell from the U.S. Psychological Operations Company (Psy Ops) told Newsweek: "These people haven't heard heavy metal. They can't take it. If you play it for 24 hours, your brain and body functions start to slide, your train of thought slows down, and your will is broken. That's when we come in and talk to them."

Although it may illicit the desired psychological effect of weakening the mental state of detainees, vice president of the Psy Ops Veterans Association Rick Hoffman said the interrogation technique has no long-term effect on the prisoner. Still, soldiers who are required to undergo sound torture for 45 minutes as a part of training would rather not do it again.

No matter how loud the music is or what its lyrics are about, the result is the same: the incessant use of music to cause discomfort among prisoners. Music used to break down the resistance of an enemy during interrogation is described as "futility music." Professor Suzanne Cusick from NYU studied the effect of music torture in her 2009 paper, "'You are in a place that is out of the world. . .': Music in the Detention Camps of the 'Global War on Terror.'" She describes futility music as a technique used to persuade a detainee that resistance to interrogation is futile.

History of Sound Torture

Sound torture is nothing new. In fact, using sound to psychologically attack an enemy has roots in the ancient Aztec culture. The Aztec "Death Whistle" served a variety of purposes from human sacrifice rituals to warfare. During a siege on enemy territory, the Aztecs warriors would sound the "Death Whistle" in an effort to cause their enemies psychological discomfort before the impending battle. The skull-shaped tool produces a terrifying screech that has to be heard to be believed:

The U.S. has also employed sound torture outside of the Iraqi War. In December 1989, Panama's military dictator Manual Noriega took refuge in the Vatican Embassy a few days after President George Bush launched Operation Just Cause, an invasion of Panama aimed toward overthrowing Noriega. The U.S. military broadcasted a playlist that included Led Zeppelin, Black Sabbath, Guns N' Roses, and Van Halen's "Panama" over a military radio station.

While General James D. Thurman said music acted as a "sound barrier" that would prevent journalists from listening in on negotiations with Noriega supporters, none could dismiss the psychological pressure it put on both the Vatican Embassy and Noriega. Noriega surrendered to the U.S. military on Jan. 3, 1990, after 10 days of listening to the hard rock playlist.

Between Feb. 28 and April 19, 1993, federal and state military and law enforcement in Texas executed what is now known as the Waco siege. The siege took place at the Mount Carmel Center that housed the Branch Davidians, a religious group led by David Koresh. Over the course of seven weeks, the FBI used an unconventional playlist that included Tibetan chants, Christmas carols, and Nancy Sinatra's

"These Boots Are Made for Walkin'" to weaken the will of besieged Koresh followers. In the end, a fire allegedly started by sect members killed 76 people, including Koresh.

Musicians Against Sound Torture

How do the musicians whose music is used for sound torture feel about this interrogation technique? Musicians whose songs have been featured on military "torture playlists," including Trent Reznor of Nine Inch Nails and Tom Morello of Rage Against The Machine, have been outspoken over the treatment of prisoners at Guantanamo Bay and Abu Ghraib, especially when considering their music is used in the torture.

Reprieve, a British legal action charity that provides legal representation for Guantanamo Bay prisoners, launched the Zero dB (against music torture) initiative in 2008 to persuade musicians into standing up against the U.S. military and central intelligence agencies (CIA) use of their music as a torture device. It's difficult for me to imagine anything more profoundly insulting, demeaning and enraging than discovering music you've put your heart and soul into creating has been used for purposes of torture," Reznor said in a blog post dated December 11, 2008. "If there are any legal options that can be realistically taken they will be aggressively pursued, with any potential monetary gains donated to human rights charities. Thank GOD this country has appeared to side with reason and we can put the Bush administration's reign of power, greed, lawlessness and madness behind us.

Other musicians whose music has been used in this interrogation process don't find it all that offensive. James Hetfield, co-founder of Metallica, whose music frequently pops up on reported "torture playlists," is even proud that his music has been used by military personnel in the past.

We've been punishing our parents, our wives, our loved ones with this music forever. Why should the Iraqis be any different?" Hetfield said in a radio interview. "It's the relentlessness of the music. It's completely relentless. If I listened to a death metal band for 12 hours in a row, I'd go insane, too. I'd tell you anything you wanted to know.

Long term exposure to aircraft noise linked to high blood pressure

June 13, 2017 (from the British Medical Journal)

Long term exposure to aircraft noise, particularly during the night, is linked to an increased risk of developing high blood pressure and possibly heart flutter and stroke as well, suggests research published online in Occupational & Environmental Medicine.

The research team drew on data from 420 people living near Athens International Airport in Greece, where up to 600 planes take off and land every day. They formed one of six groups of people living near six large European airports who had taken part in the HYENA study, which assessed the potential health impacts of aircraft noise in 2004-6.

The aircraft and road traffic noise exposure levels estimated for their postcodes at that time—less than 50 decibels to more than 60 dB—were used for the current study in 2013. Daytime aircraft noise was defined as that occurring between 0700 and 2300 hours, and that occurring between 2300 and 0700 hours was defined as night-time aircraft noise.

Around half of the participants (just under 49%) were exposed to more than 55 dB of daytime aircraft noise, while around one in four (just over 27%) were exposed to more than 45 dB of night-time aircraft noise. Only around one in 10 (11%) were exposed to significant road traffic noise of more than 55 dB. Between 2004-6 and 2013, 71 people were newly diagnosed with high blood pressure and 44 were diagnosed with heart flutter (cardiac arrhythmia). A further 18 had a heart attack.

Exposure to aircraft noise, particularly at night, was associated with all cases of high blood pressure, and with new cases. When all cases of high blood pressure were included, every additional 10 dB of night-time aircraft noise was associated with a 69% heightened risk of the condition. When only new cases were included, every additional 10 dB was associated with a more than doubling in risk.

Exposure to night-time aircraft noise was also associated with a doubling in risk of heart flutter diagnosed by a doctor, but this only reached statistical significance when all cases, not just new ones, were included in the calculations.

A heightened risk of stroke was similarly linked to increasing aircraft noise exposure, but this was not statistically significant, possibly because of the small number of cases involved, suggest the researchers. The associations between road traffic noise and ill health were much weaker and less consistent, the findings showed.

This is one of the first long term follow-up studies of aircraft noise so it's not possible to draw conclusions about cause and effect at this stage until more evidence/studies become available, say the researchers.

They point out that they were unable to look at specific causes of death among the 78 people who died between 2004-6 and 2013. The numbers studied were also relatively small, and it wasn't possible to account for the potential effects of air pollution.

Nevertheless, a growing body of evidence links noise exposure to ill health, they emphasise.

Provided by: British Medical Journal

PTSD & Noise

20 March 2018 In Sound By Tim (from the Knops.co website)

Noise is a really big issue for PTSD survivors: people who have mental health problems because of their traumas. How are they connected?

Almost everybody has experienced a trauma. But some traumas are more scarring than others and can even result in long-lasting mental disorders like PTSD, which can have an extreme impact on someone's life. It's a disorder that can develop in the brain after a horrifying experience, like war or a car crash.

Symptoms

The symptoms of PTSD are, to say the least, not pleasant. They range from nightmares about the traumatic events, disturbing thoughts and feelings, anxiety, trying to avoid anything that has something to do with the traumatic event, and an increase in the fight-or-flight response.

Around ten percent of the population suffers from PTSD, according to data from NCBI, a part of the US National Library of Medicine. And, remarkably enough, that percentage is the same for people who suffer from tinnitus (the sound of a constant beep in your ears). The NCBI clearly sees a link between the two.

PTSD survivors also suffer from the Exaggerated Startle Syndrome, with anxiety and actions in an extreme and irrational way too loud noises and bangs. And then there are the sounds that remind them of the sounds during the traumatic events, which can trigger memories of the trauma or flashbacks.

Fear

PTSD can also cause a general fear of sounds: phonophobia, or a fear of some specific sounds: misophonia. Survivors of the disorder also are generally much more sensitive to sounds and perceive them as much louder than other people would.

All of this makes the life of people with PTSD very hard. If you think you are suffering from this, consult your doctor. Really, please do it. For yourself, and for the ones you love.

Do you have PTSD and would you like to tell your experiences to us? We are always very open and interested to hear what you have to say. And again: if you haven't done it yet, visit your doctor, please. Thank you!

How Fireworks Affect Veterans With PTSD (Note, this is the same concept when it comes to Jet Noise.)

By Joel Sensenig July 3, 2015

When a veteran with post-traumatic stress disorder (PTSD) symptoms hears fireworks this weekend, they may not be hearing a celebration between family and friends.

"It's not like they're actually hearing fireworks," said Rachel Holland, team leader at Harbor Behavioral Health, a ProMedica affiliate. "It takes them back to hearing what they experienced in war or during the trauma."

According to the U.S. Department of Veteran Affairs, up to 20 percent of soldiers serving in Operations Iraqi Freedom and Enduring Freedom experience PTSD in a given year; 12 percent of those serving in the Gulf War have PTSD in a given year, and 30 percent of Vietnam veterans have had PTSD at some point in their lifetime.

The Wounded Warrior Project survey of 43,000 injured veterans serving post-Sept. 11 states PTSD is the second-most common health problem (behind sleep conditions), with blasts being the most common cause of injury.

"Fireworks would definitely affect the startle response or they could cause associative symptoms, like flashbacks," Holland said. "A lot of times, people with PTSD have hypervigilance, so that could make them sensitive to fireworks as well."

Even though family and friends may be mindful of a veteran's PTSD diagnosis, Holland suggests those with PTSD take it upon themselves to prepare for fireworks.

"If they are in services, they could talk to their counselor to figure out what might work best for them," she said. "Planning, coming up with the scenario so they know how to handle it once the Fourth of July arrives. In therapy, they can practice grounding, which helps veterans make themselves aware of where they are and what's happening, so it doesn't take them into a flashback episode."

Family members of veterans diagnosed with PTSD can do their part to make the holiday more comfortable. "Let them know before the fireworks celebrations begin so they can leave if they choose not to be present for that part of the festivities," Holland said.

One problem those with PTSD face at this time of year is that the fireworks aren't contained to one day. Loud celebrations often occur in the days and even weeks surrounding the holiday. Holland said even those without PTSD can find the blasts loud and disturbing, particularly when they're not expected. Because it can be nearly impossible to completely escape fireworks, she also recommends that veterans with PTSD find somewhere in the house where sounds are minimal or use noise-cancelling headphones.

For more information about Harbor Behavioral Health's PTSD services, please visit www.harbor.org or call 419-475-4499.

No F35 Noise in Boise

May 11, 2017 (from the gopetition.com website regarding jet noise petition in Boise, ID) F35s have a noise level higher than any other military jet. Noise pollution extends miles in every direction.

* At a half mile radius, houses are uninhabitable and must be torn down.

* At a 5 mile radius, one cannot carry on a normal conversation outside for 20 seconds while the jet passes overhead.

* At a 10 mile radius, jet noise is noticeable enough to wake sleeping infants.

Downtown Boise is 3 and a half miles from Gowen Field. Downtown Meridian is 10 miles from Gowen Field. On average, the jets will fly every 20 minutes.

The military knows noise pollution is harmful to civilians and therefore picks low-population density, rural locations for its high-noise jets. None of the proposed locations for F35 jets has a higher density of population than Boise.

Boise is known for its quality of life. Boise has foothills, rivers, clean air and clean water. Boise has been tagged "the most livable city in America". Thousands of people have worked for years to preserve and enhance its quality of life.

Preserve our quality of life! Demand that your military put its F35 jets in a location more appropriate for their noise levels - such as Mountain Home.

We, the undersigned, call on the United States Air Force to locate its F35 jets somewhere other than Boise, Idaho. Our quality of life and health would be negatively affected in dramatic fashion by such continuous noise pollution. We proudly support our military and respectfully ask our military to place its F35 jets in a location more appropriate for such high noise levels. Thank you!

State: Jet noise a public health concern

Reporter: Kimberly Cauvel: 360-416-2199, kcauvel@skagitpublishing.com

State health agencies are for the first time addressing jet noise as a public heath concern in response to the Navy's draft environmental impact statement, or EIS, for adding more jets at Whidbey Island Naval Air Station.

The Navy has proposed adding up to 36 EA-18G Growler jets to its fleet at NAS Whidbey. The draft EIS lists the potential environmental impacts of adding those jets and the related increase in field operations at Ault Field in Oak Harbor and the Outlying Landing Field in Coupeville. The draft EIS was released Nov. 11 and the public comment period closed Feb. 24.

A comment letter from the state Department of Health states that jet noise such as that which occurs in areas near NAS Whidbey could impact public health. The department reviewed recent studies on health impacts from noise and on jet noise data collected in the area, according to the comment letter.

"We concluded that noise at levels similar to those reported on Whidbey Island could pose a public health risk," Lauren Jenks, director for the Office of Environmental Public Health Sciences for the Department of Health, told the Skagit Valley Herald.

The agency's comment letter said further study is needed to determine public health impacts from NAS Whidbey jet noise and suggests a health impact assessment could help address the issue. Jenks said the department was asked by the state Board of Health, Island County officials and residents near NAS Whidbey to look into potential public health impacts from jet noise.

Kelie Kahler, spokeswoman for the state Board of Health, said the board was prompted to look into potential health impacts from jet noise after hearing testimony from the group Citizens of Ebey's Reserve in June, and receiving a formal complaint from the group in October. After the Department of Health took its position on the issue of jet noise, the board on March 8 agreed with the position and directed staff to write a similar letter.

The board passed a motion stating: "The Board endorses the Department of Health recommendations to the Navy and directs staff to draft a letter of recommendation to the Navy to conduct a Health Impact Assessment on the effects of military jet noise on populations near Navy Air Station Whidbey Island."

It is up to the Navy to decide whether to complete a health impact assessment as part of its final EIS. During open houses for the draft EIS, representatives of the Navy said jet noise levels near the base are not likely to cause hearing loss.

The Department of Health's letter states that research has shown exposure to noise can cause a variety of health impacts other than hearing loss, including mental health and cardiovascular issues as a result of sleep disturbance and stress.

Citizens of Ebey's Reserve has long protested the Navy's use of the Outlying Landing Field for training purposes and of the Navy's plans to bring more jets to NAS Whidbey. The group is glad to see the state agencies raise concerns about jet noise, according to a March news release.

The request for the health impact assessment "is recognition that there is a problem. Asking for an assessment to understand the health implications of military jet noise exposure ... validates citizen complaints," the release states.

Health impact assessments are part of a Centers for Disease Control and Prevention program called the Healthy Community Design Initiative, which help states plan projects with community health in mind, according to the CDC website. The idea is to bring to light potential health impacts of a project before it is set in motion, similar to the way an EIS examines environmental impacts. The CDC has funded several health impact assessments in Washington State.

Research on the Effects of Aerosol Spraying

The following are various articles and studies related to the effects of aerosol spraying on humans.

Chemtrails - Shocking Phoenix Air Quality Test Results

By Ted Twietmeyer (from rense.com website) 6-14-08

Recently, a reader sent me data on air tests performed in the Phoenix area. These charts show a number heavy metals are present in the environment at levels far exceeding the safe toxic level standards for human health. The person who performed the air sampling had it analyzed by a professional laboratory, and has asked for confidentiality. Exact location in Phoenix of the samples collected and names involved will not be disclosed in this report.

I have personally seen the actual report with the name of the person who and location where air was sampled and the name of the testing laboratory, and certify that the report appears authentic.

Scans of the report provided to me of laboratory results were sent as files of more than 1MB in size each. Each chart has been reduced in size here to fit on your screen by this author. One chart was rotated for proper orientation but has not been altered in any other way.

DATA COLLECTION METHOD

a. Air was sampled through an air filter which operated approximately 4 hours during the day and 4 hours after sunset for 28 days.

b. Method used by the test laboratory was defined as "ICP scan, inorganic analysis."

c. Short columns in the charts indicate the maximum safe level for a given metal. Tall columns are the measured amounts found in the filter for a given metal.

d. MCL = Maximum Containment Level

e. Chart values are shown in parts per billion. To convert any reading to parts per million (which is often more convenient for a mental comparison) simply drop three zeroes from any value shown on any chart.

f. I have provided the calculations on how many times each metal is over each toxic health limit. For example, in Fig. 1 barium is 278 times (or 278x) higher than the toxic health limits set by federal standards.

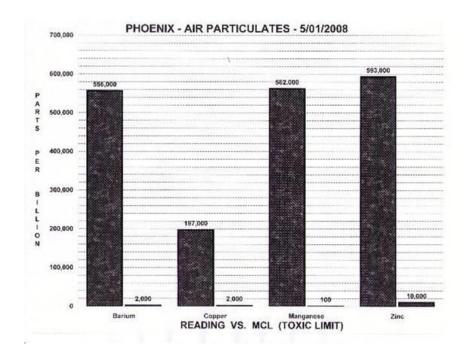


Fig 1 - In this chart we see that barium is 278x the toxic limit, copper is 98x the toxic limit, manganese is a staggering 5,820x the toxic limit and zinc is 593x the toxic limit

Noteworthy here is that manganese is an element commonly found in the environment and soil in small quantities. However, manganese is also a toxic element. This element is the black electrolyte material found in batteries (dry cell types) before the advent of alkaline batteries took over the battery market. Manganese is still used in cheap batteries and commonly provided with remote controls.

Barium, copper and zinc are also heavy metals. Copper and zinc are used by the human body's metabolism but only in very small amounts. Barium is a common contrast agent used for X-ray diagnostic imaging, but it is not used in powder form. It is suspended in a liquid form for contrast enhancement of X-rays to outline digestive tract soft tissue.

Barium and aluminum (more on aluminum later) are commonly found in chemtrail fallout. These two compounds were also described by Dr. Teller in his weather modification paper as two possible agents that could be spread by aircraft into the upper atmosphere. His intention was to use them as reflective agents for sunlight in an effort to reduce global heating.

However, anyone who has ever been inside a tent an hour or more after the sun comes up on a cool day knows it will get hot inside quite fast. It could be that Teller's theory is flawed, and that instead of reflecting the sunlight barium and aluminum are accelerating global warming. After several decades of chemtrail spraying weather records clearly show our planet is not cooling off. In the spring of 2008, the US army announced the problem is with the Sun and that global warming is not directly caused by civilization.

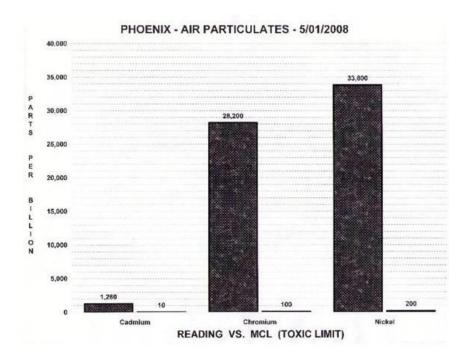


Fig 2 - Here we see that cadmium is 126x the toxic limit, chromium is 282x the toxic limit and nickel is 169x the toxic limit. Note that the permissible amount of Cadmium in the environment is equivalent to a tiny ten parts per billion.

These metals are commonly used for steel manufacturing and electro- plating. All are toxic in significant amounts.

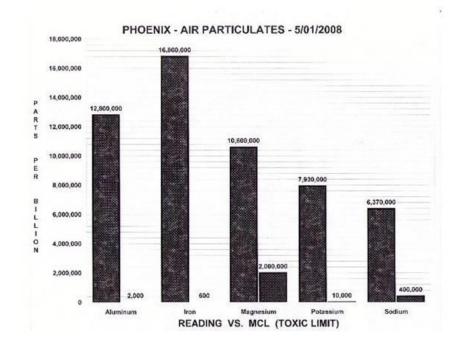


Fig. 3 - Here aluminum is a staggering 6,400x the toxic limit, iron is 28,000x the toxic limit, magnesium is 5.3x the toxic limit, potassium is 793x the toxic limit and sodium is 15.9x the toxic limit.

SPECIAL TEST RESULTS FOR ALUMINUM

According to the reader providing the data, for unknown reasons aluminum results are commonly provided by an "out of state test lab." It's also interesting that of all the contaminants, aluminum had the highest reading of all metals over the safe toxic limit by 6,400x. I will not comment here on my opinion as to who may run that lab or the data source, but will leave that to the reader's imagination. As bad as aluminum being 6,400 times the toxic limit it may also be that the actual level of aluminum is far higher than what we see here.

Although physically lighter in weight than steel or other metals, aluminum is still considered a heavy metal. Like Teflon[®], aluminum is very difficult to remove from the human body.

It is also well known that for unknown reasons, aluminum has been found in higher than normal concentrations in the brains of deceased Alzheimer's patients. It is also known that Alzheimer's disease is on the rise. Perhaps finally a connection can be made here as to the source of the illness, but more science would need to be done to confirm this. A correlation between aluminum levels in the air for various cities and Alzheimer's statistics needs to be made. This is outside the scope of this report.

Clearly, there must be a source for these very high levels of heavy metals in the Phoenix environment. It could very well be a direct result of chemtrail spraying, since the trails have been commonly seen in the sky over Phoenix and other cities. If these levels are elevated in Phoenix's air, it may stand to reason that the same problem is happening all over the country elsewhere. It's quite possible that these various metals are elevated in different amounts in the air over other cities. More tests like this are needed for other cities, with air sampling and analysis performed in the exact same way to allow proper correlation.

FUTURE TEST RESULTS

I strongly suspect that once this report is public and those behind the chemtrail spraying see this, obtaining similar laboratory tests in the future may become more difficult. A cover-up may even take place if certain corporate or government interests are threatened by this revelation.

Anyone having similar air tests performed by a laboratory in the future should stay at the test lab for as long as it takes, and watch the test results as they are obtained from start to finish. If they will not permit this then find another reputable laboratory. Leaving the laboratory and returning for the report, or accepting an email of the test results is not wise. It may result in altered or lost test results

These lab tests could serve as a rough guide as what to expect from air tests in other cities. For example, if aluminum or barium levels are stated as near normal for lab tests of air in other large cities, those results should be suspect. I would not recommend that an entire air filter be given to any one test lab, but rather carefully collected samples that have not touched by human hands from the filter.

Laboratories only need very small samples to complete an analysis. This will allow the tests to be performed by other laboratories in the event of suspect results.

If anyone is interested in air collection details such as flow rate in cubic feet per minute, air filter size or other details to duplicate this test, I will try to provide them.

Ted Twietmeyer www.data4science.net tedtw@frontiernet.net

Dane Wiggington

(from geoengineeringwatch.org website)

"Perhaps chemtrails is the most ignored government conspiracy crime of all time because it represents government and private corporations playing god with no rules and restrictions. Perhaps this is truly part of the mother of all conspiracies which I believe is control of the planet. Perhaps because it's all tied and intertwined with the universal global warming lie and the subsequent climate change religion that the globalists need to continue pushing to usher in their all-important global carbon tax and global control grid to control all human activity in the name of the environment. Perhaps it's time to connect the dots between "sustainable" cities, Agenda 21, depopulation, and the new world order end game of mass global control of humanity. Now that the government geoengineers are admitting that chemtrails spraying is real but that it is intended as a solution for global warming (which we knew all along was a lie), now we see the globalist connecting the dots for us. They seem poised to bring chemtrails into the spotlight when the time is right."

<u>Chemtrails – spraying in our sky</u> (from holmestead.ca website)

"Everyone talks about the weather, but nobody does anything about it."

Points to Ponder: Soil tests - aluminum levels elevated?

Early November 2004: This is the farm field at the Holmestead - it is only twenty-five acres but yields a good crop. This season it was soybeans and they had just come off and the field had been harrowed when this photograph was taken.

As part of the normal farming routine there have been soil tests carried out to determine if there should be any corrective measures taken to adjust the soil conditions.

This field, along with nine others in the immediate area were tested and I have the results on hand - laboratory reports #C04275-015 and 016.

Below is a sample of the form of such a report - please note that this is not one of those being studied here.

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From a telephone conversation with one of the agronomists at the laboratory (<u>A & L Canada</u> <u>Laboratories East, Inc.</u>) I learned that soil testing that included aluminum testing was a relatively new addition to the standard agricultural tests - just over the last few years. He also maintained that the level of aluminum found in this particular series of tests was "not unusual".

This same agronomist seemed unable to give a simple, direct answer to my question of what is considered to be the traditional historical background level of naturally occurring aluminum in agricultural soils although one page on the web site of his laboratory had the following statement along with an illustration with specific figures: "Aluminum greater than 400 ppm is a problem for most growing plants. The primary target for aluminum is the root cap. Therefore, it has a major impact on root growth and efficiency."

	Aluminum Rat	ing
	Very Low	<200
unu	Low	200-500
Aluminum	Medium	500-800
Alt	High	800-1100
	Very High	1100-1600
	Excessive	>1600ppm
		M

The aluminum reading that had been reported in our ten local soil tests ranged from a high of 1692 ppm (parts per million) to a low of 712 ppm - and that lowest one happened to be the Holmestead field. The average of all ten fields was 1247 ppm which is in the "Very High" range of the above published Aluminum Rating.

Our interest in the level of aluminum is related to the fact that there have been numerous reports of various aluminum compounds being found in the "chemtrails" that are being constantly sprayed. Just search Google for chemtrails + aluminum or aluminium: <u>Google search</u> - the list of results is extensive!

Holmestead.ca has touched upon this subject before - almost two years ago, where we presented the results from Edmonton where laboratory tests (<u>Lab Tests</u>) showed levels of aluminum and barium as much as twenty times the normal background levels in rain and snow precipitation and were such that soil conductivity was greatly elevated. Here is the pertinent section of this earlier web page:

BARIUM AND ALUMINUM CONFIRMED

Assuming that unusual metal content in the soil could be causing the high electrical conductivity readings, Dickie collected samples of a fresh snowfall for the city, and took them to Edmonton's NorWest Labs for analysis.

This reporter has obtained copies of lab tests conducted on snow samples collected by the city of Edmonton, Alberta between Nov. 8 - 12, 2002. The tests show unaccountably elevated levels of

aluminum and barium. Norwest Labs lab report #336566, dated Nov. 14 2002 found:

- * aluminum levels: 0.148 milligrams/litre
- * barium levels: 0.006 milligrams/litre

Acting like the electrolyte in a car battery, barium chemtrails developed at Ohio's Wright Patterson Air Force Base are routinely sprayed into the atmosphere to "duct" or bend military radio and radar waves over-the-horizon, instead of continuing straight beyond the Earth's curvature into space. "Wright Pat" is also closely connected to HAARP Experiments employing tightly focused, extremely high-energy radio frequency beams to alter the weather, disrupt communications and "X-ray" bunkers deep underground thousands of miles away the transmitter array in Gakon, Alaska.

Aluminum stunts plant growth by sucking nutrients from the soil.

Dave Dickie told me, "Our most recent snowfall was tested for aluminum and barium and we were not surprised with the results. You've said it all along and this just substantiates some of your claims."

But the soil expert cautioned that because the chemistry of unrefined aluminum oxide often found in the environment depends on soil acidity and the presence of other minerals, it is difficult to estimate "natural" background concentrations. Even so, NorWest Lab techs told Dickie that the elevated levels of aluminum and barium they were finding are not usually found in Alberta precipitation.

Concerned city officials ordered more tests made on precipitation falling within a 40 mile radius of Edmonton. A second series of lab tests has now confirmed high levels of barium and aluminum in snow Dickie thinks fell through chemtrails. So far, he says, there is no other explanation for the high-levels of each chemical compound in city soils.

Dickie says it's so simple to test for aluminum and barium, labs typically charge \$10 to \$15 for this analysis. He is adding quartz to

the list of possible fallout components after tiny quartz particles dominated lab tests of rain falling through heavy chemtrails over Espanola, Ontario in the summer of 1999. Levels of aluminum analyzed in the Ontario samples were up to seven-times higher than provincial permissible safety limits.

The subject of natural occurring aluminum (oxide) is complex as aluminum is the most commonly occurring metallic element and it is estimated to comprise eight percent of the earth's crust. It is a major component of almost all common inorganic soil particles, with the exceptions of quartz sand, chert fragments, and ferromanganiferous concretions.

The typical range of aluminum in soils may be from 1 percent to 30 percent on a worldwide basis with naturally occurring concentrations varying greatly.

Here we are considering Ontario agricultural soil where the "mobility" of the aluminum is increased by low pH (acidic) levels - especially that of rain water. Therefore a typical problem with acid rain is the increased levels of aluminum that may then be found in soils.

Aluminum in agricultural soils is not a required plant nutrient or trace mineral but is known to tie up phosphorus.



Of course, all this noxious aerial stuff has to eventually come down somewhere - into our soil, water, food and lungs. In fact, the whole environment. Not to mention it being ingested by all the other creatures on this planet. In this, as in so many other aspects of the "chemtrail" issue, serious and comprehensive research is needed, preferably by a trustworthy body not directly linked to either Governments or the multinational corporations, but answerable directly to the public.

As a footnote - aluminum is a twentieth century metal and Alzheimer's disease is a twentieth century fact. In 1907, Dr. Alois Alzheimer, a German psychiatrist and neuropathologist, first described a new ailment now known as Alzheimer's Disease. Dr. Alzheimer's discovery occurred approximately twenty years after aluminum was introduced and became a widely used product.

If anyone in the farming community or elsewhere has any records of soil tests containing aluminum readings that go back perhaps five years I would be grateful if you would contact me. See mail link below.

It seems that only by having such records available will it be possible to establish some sort of values for what may be the normal background levels of naturally occurring aluminum in agricultural soils or at least to establish if there has been an increase in such levels over the recent years.

Chemtrails - Frequently Asked Questions

By Toni Thayer - <u>blueskiesintl@hubwest.com</u> (from rense.com website) Executive Director, Blue Skies International 10-14-00

What's the difference between a jet contrail and a chemtrail? According to the U.S. Air Force, jet contrails form above 33,000 feet when hot engine exhaust momentarily condenses ice crystals into pencil-thin vapor trails that quickly vanish like the wake behind a boat.

Chemtrails (CTs) look like contrails initially, but are much thicker, extend across the sky and are often laid down in varying patterns of Xs, tick-tack-toe grids, cross-hatched and parallel lines. Instead of quickly dissipating, chemtrails expand and drip feathers and mare s tails. In 30 minutes or less, they

open into wispy formations which join together, forming a thin white veil or a "fake cirrus-type cloud" that persists for hours.

In August 2000, chemtrail watchers began to report "more normal" appearing or nearly invisible jet sprays. However, these reports go on to include cloud formations dripping the feathers and mare s tails just as the chemtrails do. It s our belief that the operation has adjusted the chemtrail mix as word about the phenomenon is spreading and as more and more people are looking up. Observant chemtrail watchers continue to see the "fake cirrus-type clouds" on top of and surrounding real cumulus clouds.

Who is doing the spraying? Witnesses have documented and photographed military KC-135s and KC-10s and white, unmarked jets. Airport personnel and pilots have also confirmed specific commercial airliners to be leaving the long lasting chemtrails.

What's in the chemtrails, and why are they spraying us? We wish we knew. There are only a few planes in the world that have the equipment to analyze the spray mix and can get to the CT altitudes, clearance must be obtained to fly into the trails and money must be raised for the \$22,000 per day plane rental fee.

There may be several programs working at the same time. Possibilities include atmospheric and weather modification and biowarfare. Many theorize that it s part of a clandestine operation to implement the New World Order (NWO) by eliminating society s "useless eaters" and the infirm and/or to reduce the population to a support level for the "elite". Originally, it was thought to be mass inoculation for possible biowarfare attack; this theory has been ruled out with the increase of sicknesses and illnesses in the CT paths.

Edward Teller's (inventor of the hydrogen bomb) proposal to reduce global warming to the U.S. involves spraying minute aluminum particles to deflect the sun s harmful ultraviolet rays but still allow the Earth s heat to rise through them. This seems to be supported by rainwater tests after heavy spraying in Espanola, Canada which contained 7 times the allowable limit of aluminum. In this instance, the areas with the least ultraviolet protection, as in the Southwest, would be the heaviest sprayed. Most often, this does not seem to be the case.

Generally, spraying increases as clouds build. Chemtrails may be the reason that over half the world and over half the U.S. have been experiencing drought for the past 2 years. Witnesses have reported watching chemtrails fall through cumulus clouds, leaving the real clouds "skinny" and within a few minutes totally gone. Typically, storm clouds build and mix with the chem ingredients, resulting in a grey, uniform "mucky" sky which doesn t rain. The real clouds disappear, leaving behind the chem formations which were on top of the storm system.

Another possibility is barium salt mixtures. The Variable Terrain Radio Parabolic Equation (VTRPE) shows pilots what nearby radar systems can and cannot see under different terrain and atmospheric conditions. It was tested and perfected after aerosol barium titanate salt mixture was released from military aircraft, forming chemical trails in the atmosphere across America. Barium salts were also used

in Libya, Panama and Desert Storm where they were sprayed and exploded overhead to make the people extremely sick and weak. It s a radioactive material that accelerates and magnifies the effects of other mix ingredients by altering the chemical structure of the other agents. A spectrum analysis reveals only the barium compounds and hides the "bad stuff" by placing a shell around it. After time, it releases the other agent. Think of it as a time release death pill.

What do the governments say about Chemtrails? No governmental agency of any country will confirm that spraying activity is occurring. Most often requests are ignored. The U.S. Air Force has explained that they routinely dump fuel over populated areas to reduce weight prior to landings. More recently, the Environmental Protection Agency states that it may be pesticide spraying. Generally, officials explain it away as increased commercial jet traffic. However, this does not explain why areas with no commercial flight paths overhead are also seeing these long lasting plumes. Some citizens have been told by government "to keep it quiet".

Why would our government authorize such a program when they live here too? Money talks and corporate dollars influence our legislators and officials. In 1997, the year of disasters, insurance companies paid \$92 billion in weather disaster-related claims. Teller stated that his weather modification program would cost only \$1 billion per year. Research into a NWO takeover reveals a heavily funded and incredibly powerful elite group of individuals that most are afraid or unwillingly to go up against. We also know that informed citizens can take precautions to offset the effects of CT spraying by limiting time outdoors on spray days and by building their immune systems with vitamins, herbs, Colloidal Silver and other therapies.

Why do you think the cirrus clouds in the sky aren't real? Cirrus clouds are high altitude clouds, formed above 20,000 feet and consist of ice crystals. They precede a storm or are in the jet stream. Cumulus clouds are formed in lower altitudes, 6,500 to 20,000 feet. These 2 cloud formations are seen together at the lower altitudes of 9,000 to 15,000 feet in extreme drought conditions. This goes against the laws of nature. Also significant is the "white ground haze" that can be seen from horizon to horizon with clear blue sky overhead.

How long has this spraying been occurring? Cloud books confirm that tests have been conducted since the 1960s. Old photographs show sporadic CTs dating to the early 1970s with the activity steadily increasing throughout the 1980s. Since 1998, citizens throughout the world have documented spray patterns on a nearly daily basis, with an average of 1 "clear" day per week. We have all become accustomed to these changes as they ve been introduced bit by bit and have presumed them to be normal. Younger generations have never seen normal weather and clouds.

Do they spray us here? They have been spraying most areas intensely in the U.S., Canada, Europe and England since 1998, including areas with no commercial flight paths overhead. Recently, Australia, Mexico, South Africa, Bahamas, Puerto Rico and Croatia have reported chemtrail spraying.

Why should we be so concerned about Chemtrails? A "flu-like" epidemic is on the rise which the Centers for Disease Control says may be due to some "unknown pathogen". From their May 6, 2000 Influenza Summary Update, 11 out of every 100 newly dead people have died from this "Influenza-Like Illness",

but 99% of sick patients have tested negative for the flu. The most prevalent symptoms reported by witnesses in the wake of these white plumes are: Persistent hacking coughs, upper respiratory and intestinal distress, pneumonia, extreme fatigue, lethargy, dizziness, disorientation, splitting headaches, aching joints and muscles, nosebleeds, diarrhea, bloody stools, depression, anxiety, loss of bladder control and nervous tics. The elderly, young and those weakened by disease or in poor physical condition are the first to feel the CT effects.

Why should I join Blue Skies International? Chemtrails is a program that affects the world, its climate, its citizens, and our children s heritage. The spray program is blatantly right before our eyes. Blue Skies, a newly-formed, concerted citizens effort, is seeking Answers, Action and Accountability from our governmental leaders. The more members we have, the more clout we have.

All donations and membership fees go towards informing the world's residents and continuing research. As a "public" charity, Blue Skies depends upon public funding to provide our services: Educational packets, web page, speakers, news articles, research and governmental communications. Our contact information is at our temporary website: http://www.chemtrailcentral.com/bsi/

Toni T. Thayer Executive Director Blue Skies International

Chemtrails and Morgellons

Chemtrails Connection to Morgellons Disease Syndrome Skin lesions resulting from Morgellons Disease Article by Amy Worthington (from Chemtrails Must Stop! website)

August 1, 2014

YOU ARE NOW BREATHING ETHYLENE DIBROMIDE, NANO-PARTICULATES OF ALUMINUM AND BARIUM AND CATIONIC POLYMER FIBERS WITH UNIDENTIFIED BIOACTIVE MATERIAL: "We the people have not been warned, advised or consulted but are certainly vulnerable to the outcomes." Lightwatcher.com "Biologic components have been reported in airborne samples that include: modified molds, desiccated red blood cells and exotic strains of bacteria."

Additionally, award winning investigative reporter, Will Thomas, has reported findings of over 300 types of virally mutated fungi in the chemtrail fall out. The Idaho Observer has reported findings of 26 metals including barium, aluminum and uranium, a variety of infectious pathogens and chemicals and drugs including 2 sedatives in chemtrail fallout, 6 bacteria, including anthrax and pneumonia, 9 chemicals including acetylcholine chloride, 26 heavy metals including arsenic, gold, lead,mercury, silver, uranium and zinc, 4 molds and fungi, 7 viruses, 2 cancers, 2 vaccines. Dr.R. Michael Castle reports the finding of cationic polymer fibers. Others have reported findings of tiny parasitic nematode eggs of some type encased in the fibers.

Researcher Clifford Carnicom has reported finding chemtrails fibers that are an exact match with the bizarre fibers found in those suffering from Morgellons Disease. Welcome to the brave new world of toxic barium skies, weather control, mind control and population control through the use of chemtrails modulated with electromagnetic frequencies generated by HAARP.

Our health is under attack as evidenced by the skyrocketing rates of chemtrail induced lung cancer, asthma and pulmonary/respiratory problems as well as the emergence of a new plague, Morgellons Disease, an infection with a new and unknown pathogen that is seriously disabling and disfiguring. Over 12,000 families in the U.S. are now infected with Morgellons.

Our skies are increasingly hazed over with fake barium/ aluminum particulate, ethylene dibromide chemtrail clouds. Whether in the atmosphere or in the Ocean this added particulate matter is a hazard to the health of every living thing on this planet. There is a main-stream media blackout on this subject so the only way to get the word out is by word of mouth. People are already dying because of the chemtrails. Life expectancy is down. This situation presents an immediate and serious threat to you, your family and loved ones. We must join together to stop this insane program of chemtrail spraying now. Please do what you can to help.

The Chemtrails Connection to Morgellons

One aspect of the chemtrail story is becoming more and more a story about the spread of Morgellons Disease. The bizarre, unique fibers that have been found in the bodies of the Morgellons infected have been matched to fibers found in the chemtrail fallout and in rain drops. This suggests that anybody who breathes the air may have been exposed to this disease. Researcher Clifford Carnicom has recently reported that blood abnormalities that he associates with chemtrail infection are being found in just about everyone he is testing whether or not they show the visible signs of having a Morgellons infection.

SELF REPLICATING NANO MACHINES HAVE BEEN FOUND "RUNNING WILD" IN THE BODIES OF MORGELLONS INFECTED INDIVIDUALS

Morgellons researchers Dr Hildegaard Stanninger and Dr Karjoom have announced the finding of self replicating nano machines "running wild" in the bodies of Morgellons victims.

MORGELLONS PATHOGENS FOUND IN RAINWATER?

More stunning evidence of a Chemtrail/Morgellons connection (see photo #18); Recent microscopic examination of rainwater by researcher, Lisa Jones has revealed contamination with pathogens that have strong similarities to the Morgellons pathogen. This raindrop image shows a fiber-like lattice with a lighter colored tube that appears to contain baby Morgellons pathogens. The "thornes" on the lattice appear to be designed to cause the organism to stick and catch on skin and clothing. The unnatural looking orangish-pink glow in certain areas of this tube look just like the unnatural appearing orange-pink glowing points that show up on many of the Morgellons organisms. Chemtrail dispersion of Morgellons would be an obvious explanation as to why this stuff is showing up in rainwater.

CHEMTRAIL POLYMERS LINKED TO MORGELLONS?

"Polymer chemist Dr. R. Michael Castle has studied atmospheric polymers for years. He has found that some of them contain bioactive materials, which can cause "serious skin lesions and diseases when absorbed into the skin." He has identified microscopic polymers comprised of genetically-engineered fungal forms mutated with viruses. He says that trillions of fusarium (fungus)/virus mutated spores), which secrete a powerful micro-toxin, are part of the air we breathe."

A History of U.S. Secret Human Experimentation

(from rense.com website) 3-25-03

1931 Dr. Cornelius Rhoads, under the auspices of the Rockefeller Institute for Medical Investigations, infects human subjects with cancer cells. He later goes on to establish the U.S. Army Biological Warfare facilities in Maryland, Utah, and Panama, and is named to the U.S. Atomic Energy Commission. While there, he begins a series of radiation exposure experiments on American soldiers and civilian hospital patients.

1932 The Tuskegee Syphilis Study begins. 200 black men diagnosed with syphilis are never told of their illness, are denied treatment, and instead are used as human guinea pigs in order to follow the progression and symptoms of the disease. They all subsequently die from syphilis, their families never told that they could have been treated.

1935 The Pellagra Incident. After millions of individuals die from Pellagra over a span of two decades, the U.S. Public Health Service finally acts to stem the disease. The director of the agency admits it had known for at least 20 years that Pellagra is caused by a niacin deficiency but failed to act since most of the deaths occured within poverty-striken black populations.

1940 Four hundred prisoners in Chicago are infected with Malaria in order to study the effects of new and experimental drugs to

combat the disease. Nazi doctors later on trial at Nuremberg cite this American study to defend their own actions during the Holocaust.

1942 Chemical Warfare Services begins mustard gas experiments on approximately 4,000 servicemen. The experiments continue until 1945 and made use of Seventh Day Adventists who chose to become human guinea pigs rather than serve on active duty.

1943 In response to Japan's full-scale germ warfare program, the U.S. begins research on biological weapons at Fort Detrick, MD.

1944 U.S. Navy uses human subjects to test gas masks and clothing. Individuals were locked in a gas chamber and exposed to mustard gas and lewisite.

1945 Project Paperclip is initiated. The U.S. State Department, Army intelligence, and the CIA recruit Nazi scientists and offer them immunity and secret identities in exchange for work on top secret government projects in the United States.

1945 "Program F" is implemented by the U.S. Atomic Energy Commission (AEC). This is the most extensive U.S. study of the health effects of fluoride, which was the key chemical component in atomic bomb production. One of the most toxic chemicals known to man, fluoride, it is found, causes marked

adverse effects to the central nervous system but much of the information is squelched in the name of national security because of fear that lawsuits would undermine full-scale production of atomic bombs.

1946 Patients in VA hospitals are used as guinea pigs for medical experiments. In order to allay suspicions, the order is given to change the word "experiments" to "investigations" or "observations" whenever reporting a medical study performed in one of the nation's veteran's hospitals.

1947 Colonel E.E. Kirkpatrick of the U.S. Atomic Energy Comission issues a secret document (Document 07075001, January 8, 1947) stating that the agency will begin administering intravenous doses of radioactive substances to human subjects.

1947 The CIA begins its study of LSD as a potential weapon for use by American intelligence. Human subjects (both civilian and military) are used with and without their knowledge.

1950 Department of Defense begins plans to detonate nuclear weapons in desert areas and monitor downwind residents for medical problems and mortality rates.

1950 I n an experiment to determine how susceptible an American city would be to biological attack, the U.S. Navy sprays a cloud of bacteria from ships over San Franciso. Monitoring devices are situated throughout the city in order to test the extent of infection. Many residents become ill with pneumonia-like symptoms.

1951 Department of Defense begins open air tests using disease-producing bacteria and viruses. Tests last through 1969 and there is concern that people in the surrounding areas have been exposed.

1953 U.S. military releases clouds of zinc cadmium sulfide gas over Winnipeg, St. Louis, Minneapolis, Fort Wayne, the Monocacy River Valley in Maryland, and Leesburg, Virginia. Their intent is to determine how efficiently they could disperse chemical agents.

1953 Joint Army-Navy-CIA experiments are conducted in which tens of thousands of people in New York and San Francisco are exposed to the airborne germs Serratia marcescens and Bacillus glogigii.

1953 CIA initiates Project MKULTRA. This is an eleven year research program designed to produce and test drugs and biological agents that would be used for mind control and behavior modification. Six of the subprojects involved testing the agents on unwitting human beings.

1955 The CIA, in an experiment to test its ability to infect human populations with biological agents, releases a bacteria withdrawn from the Army's biological warfare arsenal over Tampa Bay, Fl.

1955 Army Chemical Corps continues LSD research, studying its potential use as a chemical incapacitating agent. More than 1,000 Americans participate in the tests, which continue until 1958.

1956 U.S. military releases mosquitoes infected with Yellow Fever over Savannah, Ga and Avon Park, Fl. Following each test, Army agents posing as public health officials test victims for effects.

1958 LSD is tested on 95 volunteers at the Army's Chemical Warfare Laboratories for its effect on intelligence.

1960 The Army Assistant Chief-of-Staff for Intelligence (ACSI) authorizes field testing of LSD in Europe and the Far East. Testing of the european population is code named Project THIRD CHANCE; testing of the Asian population is code named Project DERBY HAT.

1965 Project CIA and Department of Defense begin Project MKSEARCH, a program to develop a capability to manipulate human behavior through the use of mind-altering drugs.

1965 Prisoners at the Holmesburg State Prison in Philadelphia are subjected to dioxin, the highly toxic chemical component of Agent Orange used in Viet Nam. The men are later studied for development of cancer, which indicates that Agent Orange had been a suspected carcinogen all along.

1966 CIA initiates Project MKOFTEN, a program to test the toxicological effects of certain drugs on humans and animals.

1966 U.S. Army dispenses Bacillus subtilis variant niger throughout the New York City subway system. More than a million civilians are exposed when army scientists drop lightbulbs filled with the bacteria onto ventilation grates.

1967 CIA and Department of Defense implement Project MKNAOMI, successor to MKULTRA and designed to maintain, stockpile and test biological and chemical weapons.

1968 CIA experiments with the possibility of poisoning drinking water by injecting chemicals into the water supply of the FDA in Washington, D.C.

1969 Dr. Robert MacMahan of the Department of Defense requests from congress \$10 million to develop, within 5 to 10 years, a synthetic biological agent to which no natural immunity exists.

1970 Funding for the synthetic biological agent is obtained under H.R. 15090. The project, under the supervision of the CIA, is carried out by the Special Operations Division at Fort Detrick, the army's top secret biological weapons facility. Speculation is raised that molecular biology techniques are used to produce AIDS-like retroviruses.

1970 United States intensifies its development of "ethnic weapons" (Military Review, Nov., 1970), designed to selectively target and eliminate specific ethnic groups who are susceptible due to genetic differences and variations in DNA.

1975 The virus section of Fort Detrick's Center for Biological Warfare Research is renamed the Fredrick Cancer Research Facilities and placed under the supervision of the National Cancer Institute (NCI). It is here that a special virus cancer program is initiated by the U.S. Navy, purportedly to develop cancer-

causing viruses. It is also here that retrovirologists isolate a virus to which no immunity exists. It is later named HTLV (Human T-cell Leukemia Virus).

1977 Senate hearings on Health and Scientific Research confirm that 239 populated areas had been contaminated with biological agents between 1949 and 1969. Some of the areas included San Francisco, Washington, D.C., Key West, Panama City, Minneapolis, and St. Louis.

1978 Experimental Hepatitis B vaccine trials, conducted by the CDC, begin in New York, Los Angeles and San Francisco. Ads for research subjects specifically ask for promiscuous homosexual men.

1981 First cases of AIDS are confirmed in homosexual men in New York, Los Angeles and San Francisco, triggering speculation that AIDS may have been introduced via the Hepatitis B vaccine

1985 According to the journal Science (227:173-177), HTLV and VISNA, a fatal sheep virus, are very similar, indicating a close taxonomic and evolutionary relationship.

1986 According to the Proceedings of the National Academy of Sciences (83:4007-4011), HIV and VISNA are highly similar and share all structural elements, except for a small segment which is nearly identical to HTLV. This leads to speculation that HTLV and VISNA may have been linked to produce a new retrovirus to which no natural immunity exists.

1986 A report to Congress reveals that the U.S. Government's current generation of biological agents includes: modified viruses, naturally occurring toxins, and agents that are altered through genetic engineering to change immunological character and prevent treatment by all existing vaccines.

1987 Department of Defense admits that, despite a treaty banning research and development of biological agents, it continues to operate research facilities at 127 facilities and universities around the nation.

1990 More than 1500 six-month old black and hispanic babies in Los Angeles are given an "experimental" measles vaccine that had never been licensed for use in the United States. CDC later admits that parents were never informed that the vaccine being injected to their children was experimental.

1994 With a technique called "gene tracking," Dr. Garth Nicolson at the MD Anderson Cancer Center in Houston, TX discovers that many returning Desert Storm veterans are infected with an altered strain of Mycoplasma incognitus, a microbe commonly used in the production of biological weapons. Incorporated into its molecular structure is 40 percent of the HIV protein coat, indicating that it had been man-made.

1994 Senator John D. Rockefeller issues a report revealing that for at least 50 years the Department of Defense has used hundreds of thousands of military personnel in human experiments and for intentional exposure to dangerous substances. Materials included mustard and nerve gas, ionizing radiation, psychochemicals, hallucinogens, and drugs used during the Gulf War.

1995 U.S. Government admits that it had offered Japanese war criminals and scientists who had performed human medical experiments salaries and immunity from prosecution in exchange for data on biological warfare research.

1995 Dr. Garth Nicolson, uncovers evidence that the biological agents used during the Gulf War had been manufactured in Houston, TX and Boca Raton, Fl and tested on prisoners in the Texas Department of Corrections.

1996 Department of Defense admits that Desert Storm soldiers were exposed to chemical agents.

1997 Eighty-eight members of Congress sign a letter demanding an investigation into bioweapons use & Gulf War Syndrome.

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http://www.healthnewsnet.com/humanexperiments.html

Jet Journal from December 2017

January 3, 2018

The following is the transcription of a written journal that I kept, during the month of December 2017; regarding the U.S. Military's illegal application of high-decibel, sustained, torturous jet turbine noises to a helpless population in Eastern Washington State, for that entire month. This (U.N. Agenda 21) operation has been going on for years; and the events of November 29, 2017, as described below, triggered this project. I have left all the expletives from the written journal out of this transcribed one. These attacks have been so detrimental to my psyche; that I had written several emotional things down in a fit of, quite literally, temporary insanity. These comments can be accessed in the actual journal, when the time comes. After the documentation for each day, I have estimated the total time of continuous (heard in the house) jet noise (JN) and total time I had to actually wear hearing protecting (HP) inside a 2 x 8 framed, well-insulated house with television or a stereo on to maintain my sanity, as well. The total times for the month of December 2017 were: JN - 83 hours and HP - 43 hours. I have also accumulated many gigabytes of audio and video recordings of the actual attacks; that will accompany this documentation, along with a PDF file of the hand-written journal.

First, a little background on the situation. I can't say exactly; but, I can say, with a high degree of certainty, that these sound attacks have been going on for at least the last 5 years. The area of coverage, that I have personally experienced it, runs from Crawfish Lake to Conconully and Malott to Oroville in Okanogan County, Washington. It is a fairly large attack area, and requires many jets. I have personally seen these planes in the sky with binoculars on clear days, and I can see their lights at night if the sky is clear. I have witnessed planes flying in complete silence as well, further indicating the planned operation. I have suffered through dozens of period of time with several consecutive days of sustained high-decibel turbine noise, with durations exceeding 8 to 10 hours during a given day. These operations are treasonous and have, negatively, affected my sanity. On November 29, 2017, the excessive sustained noise brought me to the brink of suicide.

November 29, 2017: Prior to this day, the noise attacks had been relentless for weeks. As hideous as the sound is regularly, there are some periods of time (which occur VERY often) when it is unbearable, and driving me insane. I cannot concentrate on anything I do in life, when this is going on. I had enough on this particular day; and, literally, snapped. During, what was about hour 6 of torture this day; I had nowhere to escape with all my hearing protection on, and could not take anymore. I obtained a pistol from elsewhere in the home, made sure it was loaded, knelt down in the living room of my parent's home, cocked the pistol, inserted the tip in my mouth, and placed my finger on the trigger. The only reason that I am alive today, having not splattered my brains all over my parent's living room, is because I found a way to stop myself. Something in me brought out the courage to continue, and I decided to start gathering documentation on this atrocious operation. I will see justice served, one day, to all those that participated in or planned these 'Crimes against Humanity'. It is unforgiveable; and I will spend the rest of my, borrowed, life bringing them down.

December 1, 2017 (Friday): JN – 1 hours and HP – 0 hours

7:00am – First rumbling of the day heard. Not too loud yet. Continues on at low volume in the distance.

12:34pm – Somewhat quiet day so far. Usually louder by now.

12:45pm – Louder rumblings begin streaking slowly across the sky from east to west. I can't ever see them with the naked eye, with or without clouds. Cowards hide. Can't hear it in the house too bad today, but I'm sure it's coming.

1:50pm – Heavier rumblings start. First video footage.

2:05pm – Even louder rumblings. Some video footage.

Note – My camera is not picking up the audio very well, I noticed when reviewing the recordings. Elevated noise levels today only from about 1pm to 4pm, at least not 12 straight hours like some days have been this summer.

December 2, 2017 (Saturday): JN – 1 hours and HP – 0 hours

6:00am – Low level rumblings off in the distance. Only heard outside right now.

11:15am – Starts again, similar to yesterday.

2:45pm – Heavier rumblings now heard in the house. Starting to look like the torture operation that it is. I would think they would be practicing Stealth Technology, so the noise must be intentional.

3:39pm – Rumblings still heard inside the house. Not bad enough for hearing protection yet.

December 3, 2017 (Sunday): JN – 1 hours and HP – 0 hours

6:15am – Similar start to the last two mornings. Low level rumblings heard off the in the distance while out for a smoke. Literally the first sounds I hear every day is from practice for genocide and intentional sound torture.

7:18am – Trying to read by the window, interrupted by the jet noise outside the south window of the house, once again.

Note – Relatively quiet day, but Sundays typically are. There is still jet noise at ALL times in the distance, but the heavy attacks don't occur on weekends as much.

December 4, 2107 (Monday): JN – 2 hours and HP – 1 hours

11:11am – Beginning rumblings to the south while outside.

12:25pm – Full blown attacks begin. Thundering in the house. Putting on hearing protection. This attack was not sustained for hours like previous experience. Very uncommon. They just seemed to stop today after 2:00pm.

December 5, 2017 (Tuesday): JN – 4 hours and HP – 3 hours

Note – Heard on and off rumblings while in town this morning. Some were quite loud. Very extreme aerosol spraying day, though. Sky looks like a field of plasma, once again. This is just about every day, aside from the torture being administered by the jet turbines.

12:15pm – Loudest thundering since my suicide attempt last week. This is the typical level that is sustained most days over the last several years. Started in the south and moves slowly circular to the east. This one went on for 15 straight minutes. Most often, the booming stops for a few minutes and then comes right back, for hours.

12:30pm – Starts right back up again after 45 seconds of silence. Quiet by 12:45pm.

1:45pm – Rumblings begin again. Heard in the house.

Note – The pattern seems to typically start in the east and circle around the south edge of the house to the west, then to the north, and back east again. It progresses in long, slow, hovering circles with about a 5 mile radius.

1:55pm – Bad like last week. Video taken, although not the greatest.

Note – First really bad day in a while. Back in hearing protection today and trying to capture as much video and audio as I can.

4:30pm – Incredibly loud booms. Didn't last that long and I couldn't make it to the camera in time.

December 6, 2017 (Wednesday): JN – 5 hours and HP – 3 hours

10:45am – First rumblings of the day to the North. The sound just rips out of nowhere. Bass like rumbling in the house. Had to stop piano practice, AGAIN!

2:00pm – Still going loud in the typical slow circles that almost seem centered on this location. The windows vibrate. Many planes are involved. The rumbling noise rises, remains sustained for long durations, then subsides and returns within a few minutes. This continues for hours. This is typical day, anymore, wearing double layer ear protection with the TV up loud.

3:00pm – Seems quiet for now.

5:30pm – Noise starts up again and I can't escape it. EVIL!

Note – Worst day since I started this journal, but there have been much worse days before I started the actual documentation. So horrible because I have no escape, other than death.

December 7, 2017 (Thursday): JN – 3 hours and HP – 0 hours

5:20am – Out for a smoke and heard the first low level rumblings moving from east to west at high elevation.

9:20am – First noise that can be heard in the house. Not hearing protection level yet. Perhaps they will be re-enacting Pearl Harbor today. Bastards!

10:05am – More loud rumblings that come and go for about an hour.

1:50pm – More loud rumblings, then on and off for part of the afternoon.

December 8, 2017 (Friday): JN - 1 hours and HP - 0 hours

Note – Fairly quiet day. A few rumblings throughout the day, but no hearing protection needed.

3:40pm – Little louder rumblings that I could hear in the house; but, all in all, a tolerable day.

December 9, 2017 (Saturday): JN – 0 hours and HP – 0 hours

Note – Literally, not a peep today. I cherish days like this when they come. They are so rare, now, that I can't remember the last one before this day.

December 10, 2017 (Sunday): JN – 0 hours and HP – 0 hours

5:30am – Typical east to west low level rumblings above the aerosol layer. I figured out that these are most likely the aerosol planes, as I have noticed that they make an annoying low level rumble as well. These are the planes that don't stop operations, ANY day. The jets seem to be part of a separate sinister operation; although, quite likely, they are coordinated. These low rumblings go on all day, when the jets aren't flying; but I can't hear them in the house like the jets.

December 11, 2017 (Monday): JN – 3 hours and HP – 0 hours

10:15am – Jet noises begin in the east and the south.

11:00am – Much louder rumblings begin. Almost seems to hover over this location.

12:20pm – Return of the noise. Typically a low deep rumbling of varying decibel levels throughout the day. When the noise is sustained and distressing, it sounds like living inside of a propane furnace, giving the background of actually living in HELL.

12:25pm – Really loud boom, but too brief to get a recording. These cowards are so good at hiding, but I have enough documentation now. They will pay, one day. The rumbling disappears and return over several minutes.

12:40pm – Rumbling returns, slowly building to offensive levels after only 3 minutes of a break. I can't escape. Trapped in torture.

Note – Fairly quiet after 2:30pm today, but I have no faith that conditions are improving, yet.

December 12, 2017 (Tuesday): JN – 5 hours and HP – 2 hours

9:45am – Out of nowhere, while in the house, LOUD like an explosion jet noise directly above the house and lasts about 2 minutes. There have been countless ones of these in the past 5 years. First attack of the day.

10:20am – Heavy rumblings are back. This has all the makings of a really BAD torture day.

11:30am – Next loud hovering noise circles above town, but only goes on for a few minutes lately rather than hours. It still comes and goes for hours, though.

12:15pm – Major LOUD attack. As bad as the one last week. Hovering above as usual. Only lasted a few minutes again.

12:50pm – Noticed frequent low tone rumbling, all day. When outside, it sounded like reoccurring thunder in the distance.

2:00pm – Quiet again. Similar to some earlier days in this journal. I have noticed a little different trend, since the suicide attempt.

6:00pm – Another BAD attack. Low level rumbling starting in the NE, after hours of nothing. This is how torture works. You never know when it will start or stop.

6:15pm – Getting much louder and circling above.

6:20pm – Just offensively LOUD. Completely ridiculous. More than several planes are involved. First time I have worn hearing protection in a while.

6:30pm – Can hear the noise through the house, loud TV, and hearing protection on.

6:45pm – Still going on. It stops for few minutes, returns for about 10 minutes, and then repeats the cycle. It seemed to stop by 7:00pm.

December 13, 2017 (Wednesday): JN - 6 hours and HP - 6 hours

5:55am – Typical start to daily torture. Jet rumbling from east to west directly overhead getting ready for daily genocide practice and the torture of innocent people, courtesy of the U.S. military. Heroes all!

Note – Today, I also noticed that the weather has not changed in a week. The temperature has been almost exactly 31 both day and night, since last week, and no sun either.

9:20am – Bastards are hard at it. Hovering over the area south and east of the house, mainly.

9:30am – Put on hearing protection and turned TV up loud. Switched to using the PS4 headphones, since that blocks the noise a little better than range ears. I actually bought the system because of that feature, alone.

11:15am – Still hearing noise when I take off the headphones to check. Several instances where I can hear the jets through all the armor that I have on. Today has been the first absolutely asinine day since my suicide attempt.

Note – I, typically, keep my hearing protection on all day, on torture days like this one. I would not be able to note all the times that it stops, for a few paltry minutes; however, every time I take the hearing protection off throughout the day, the noise is still going. Deductive reasoning would almost allow me to conclude that it NEVER stops, during the periods that I have to wear hearing protection for extended periods of time. It is also MANY planes. One clear night (rare), I counted 8 sets of blinking plane lights hovering around and going in circles above.

1:15pm – Took off hearing protection to check for noise. Only took 5 minutes, and they were back at it again. Hearing protection back on. Lots of aerosol in the sky, as well. I didn't have the chance to video today.

3:25pm – Took hearing protection off again. I hadn't noticed anything in about half an hour.

6:45pm – One final blast for the day, after hours of silence. I really hope this is the end of this torturous day.

December 14, 2017 (Thursday): JN – 7 hours and HP – 6 hours

2:00am – Yes, two in the morning. Thundering jet noises race in from the west and then move, slowly, across to the east. Up early, as I have had to revise my sleeping schedule to be able to work around the attacks. Since I am a writer, aspiring pianist, and meditator; I require quiet to

live my life. I start working early and stop, when the attacks begin. This is just to survive in this wonderfully free country that we live in. NOT!

9:25am – Slow ripping of the peaceful fabric of the sky to a sustained thunder hovering in small circles for a few minutes. Disappears and returns a few minutes later for more. Torture 101.

9:40am – Full scale loud into the house operations begin. Hovering in slow circles to the south progressing from east to west. Can't write without the hearing protection; and, usually, I am so upset that I have to stop writing for the day.

9:50am – Thundering loud return trip from west to east along the south side of the house. Makings for another terrible day.

Note – I think I figured out the pattern while in town today. Seems to go east to west about 10 minutes slowly, then return west to east, slowly, after a few minutes break. Many planes are involved in a very well-coordinated operation. I was in the military, so I know what I am talking about. They most likely are attacking other helpless populations nearby, as well.

12:15pm – Back at it again. Heavy noise into the house from west to east, slowly, heard out the south window. Evil Bastards! I was going to attempt a podcast this afternoon; but, now, I can't because I have no idea when the attacks will occur.

12:25pm – Yet, another wasted day due to treasonous operations. The people involved with this will answer for their crimes against Humanity.

12:50pm – Walked outside to the motorhome with hearing protection on. The noise was so loud, I was running back into the house to get away from it.

2:00pm – Sounded quiet, so I took off the hearing protection.

2:15pm – Bastards back with a vengeance. The decibel levels are so high, at times, the windows shake and I can feel the vibration in my chair. Five STRAIGHT hours now. My ears become very sweaty and sore on days like this.

2:44pm – Another bad one heard through the hearing protection in the house. This is what I call a 'Suicide Maker' day.

3:00pm – Seems quiet, so I removed the hearing protection. Stayed fairly quiet after 3. Some rumbling heard in the house between 7pm and 9pm, but not too noteworthy. Well over 6 straight hours of full-blown attacks today. I have been through days that were much worse at the 8 and 10 hour level, but they are all terrible.

December 15, 2017 (Friday): JN – 2 hours and HP – 2 hours

11:20am – Just when I thought this might be a quiet day, here the bastards come. A literal ripping of peace occurs as a jet rushes in from the east. Hearing protection on.

11:30am – A thunderous clap of low level jet noise; the likes of which I have NEVER heard. These bastards are getting worse.

12:45pm – Seems quiet, so hearing protection off.

12:55pm – Interesting replacement. Heard a prop plane now. I have heard these, as well, over the past several years of the jet torture. Always at times when the jets are not flying, as well.

7:00pm – Surprisingly, quiet since about 1:30pm. It's been a rough several days, and I am exhausted.

December 16, 2017 (Saturday): JN - 1 hours and HP - 0 hours

Note – Really busy day and didn't have much time to journal. Heard a few jet sounds throughout the day, but nothing too noteworthy.

6:10pm – Sudden jet noise loud to the south while watching a movie. Didn't last long.

December 17, 2017 (Sunday): JN – 0 hours and HP – 0 hours

Note – Typical quieter Sunday. Still hear the aerosol planes most of the day if I am outside.

December 18, 2017 (Monday): JN – 5 hours and HP – 4 hours

6:30am – First jet rumblings of the day heard to the south while outside. I have a really bad feeling about this week.

10:25am – Torture begins. Very loud out the south window. Hearing protection on and turned the TV up loud. Had to stop piano practice and everything else, again. All 4 layers of armor on today.

11:13am – Loud rush in overhead, then a very loud climb away. Very annoying. Out gathering wood while wearing ear plugs and range ears.

11:30am – Jets come in loud, thunder for a few minutes, and then leave for a few minutes. Repeats all day.

Note – It is not very pleasant to have to eat with hearing protection on, but I do it A LOT.

12:30pm – Ear canals start hurting, so I have to remove the ear plugs.

Note – If I don't make it through the next three months, before I can escape from this war zone; then this will serve as the longest suicide note ever written.

1:00pm – Seems quiet, so I took off the hearing protection.

2:10pm – Vermin are back for another round. Hearing protection back on.

2:45pm – Trying the hearing protection off again.

5:00pm – Rumbling while outside for a smoke. I noticed that this one was an aerosol dispersing plane, not a jet. Their noise is much lower volume and I can't hear it inside.

5:25pm – Now it is the prop plane circling.

5:45pm – Jets back in full torture operations. Hearing protection back on. Hovering over the south side of the house as usual. Up and down decibels of thundering. Sustained tearing and ripping sounds like a furnace. Sometimes the house furnace will drown it out, but only at low volumes.

6:25pm – Big thunder again.

Note – Heard minor rumblings from 7pm to 9pm while in bed reading, but none too distracting.

December 19, 2017 (Tuesday): JN - 11 hours and HP - 8 hours

5:00am – Jets warming up in the distance. I fear a long day of torture ahead.

7:00am – Jets already hovering and rumbling outside.

7:30am – Sitting here wondering when it is going to get bad today. Jet noise is the foremost thought in my mind EVERY day. I have been tortured for so long, that I am always on alert for it. I am not going to start any work or practice yet.

7:33am – Here we go. Deep thundering begins.

9:05am – The days torture begins, per usual, with rumbling to the south then hovering around in slow circles. Decibels usually increase with each attack run and then sustain for hours.

9:20am – I can hear several planes at different locations in the sky. When it starts each day, it sounds just like the peaceful fabric of the sky is being forcibly ripped open.

9:27am – Return slightly louder after a brief couple minute break. West to east on south side of the house, as per normal. Hearing protection on, TV loud, and writing suspended.

10:20am – Noise seems to be gone, for now. Hearing protection off for a while.

11:00am – Return of the vermin. Got a video of this one.

11:15am – Extremely loud. Can actually feel the vibration in the floor sometimes.

11:40am – Trying hearing protection off again.

12:27pm – Jets return with a vengeance and back to hearing protection. From the north, over the house, rumbles for a few minutes, then SLOWLY moves west thundering away. Heroes!

12:55pm – Removed hearing protection, just to put right back on. Sucks!

1:15pm – Same thing, off and on again. It is like musical hearing protection. Here is the torture loop. They come rumbling in from the west edge of Omak Mountain. Then they travel back west, along the south side of town. The noise then subsides for a few minutes. Then back across the north side of town from west to east, completing the loop. They do mix it up, somewhat, but that seems to be standard from what I can see.

1:30pm – Hearing protection off again.

1:45pm – Can hear then rumbling in the distance, sounds like a big furnace. How fitting, since I am in HELL!

1:50pm – Back and SUPER LOUD! Coming in from the south. Another missed video op and this would have been a GOOD one. Hearing protection on and leaving on for a while; even if it seems quiet, it never is.

2:10pm – So loud that I can hear it through the hearing protection and loud TV.

2:20pm – Incredibly loud to the south, out of nowhere. I did get a partial video of this. The really bad ones never last that long, and you have to be on your toes to get video; but they happen frequently.

2:35pm – Another major attack.

3:00pm – Trying hearing protection off again. Ears a pretty sore today, but I am making it through this one; which is very similar to the day that almost cost me my life.

3:52pm – Just when I thought it might be over today, don't think so. Quick on and no hearing protection quite yet.

4:00pm – Quiet again.

6:00pm – After hours of quiet, it starts up again. East of town on the north side, slowly moving west. Hovers over town for several minutes, then continues west. Returns from the west on the south side a couple minutes later in the 'Torture' loop.

6:20pm – Their still at it.

Note – Relatively quiet after 8pm. Made it through a genuine 'Suicide Maker' day. I wouldn't be able to survive, I think; if I didn't have this to do right now, with my armor, as well. Tomorrow is Wednesday, which are always the worst day of the week.

December 20, 2017 (Wednesday): JN - 7 hours and HP - 6 hours

6:20am – No sign of jets yet.

6:45am – First traitor of the day. Clear morning, which is extremely rare, so I could see his lights moving slowly from NE to SW. Rumbling starts low early in the morning, but I could hear him well past where he was out of sight.

8:30am – Just when I thought today might be quiet, NOT! I hear the beginnings of the rumblings out the bathroom window. Outside is the complete plasma-like sky, as usual.

9:05am – Major torture operation begin, almost the same as yesterday. Loud booming out of nowhere to the south like a turbine bomb went off.

9:11am – Here we go. It's going to be another bad day, but I am ready. Hearing protection on. All personal spiritual growth and artistic creativity suspended for the day.

9:20am – At the level of yesterday again.

9:45am – I can hear the noise with hearing protection on and a Sonicare vibrating in my mouth.

10:20am – Still hard at it. I'm going to leave hearing protection on all day, again, with the TV cranked up. Same day as yesterday, if not, somewhat worse.

10:55am – Hoping for a break over the holidays. They are still at it today.

11:30am – Horrible rumbling to the south with each pass in the loop. Doing OK today, so far.

Note – Solid and unending noise today. I think this might be the worst day this month for sustained durations. The day after I posted videos about the on YouTube, it really seemed to kick up a notch. Is a there a limit to the order that these pilots won't follow?

11:45am – Tried to take hearing protection off, since they had been on for 3 solid hours and my ears were sore and sweaty. Put them right back on, after only 5 minutes.

12:10pm – Took hearing protection off. Exhausted. VERY challenging few days. Fell asleep for half an hour, and it felt great. Was still quiet when I woke up.

12:45pm – Hearing protection back on. Glad I got that nap when I did.

12:47pm – Literally, the LOUDEST BLAST I think I have heard in quite a while right in front of the south window of the house. As per usual, it doesn't last long enough for me to get video footage. Crafty little cowards.

1:30pm – Trying hearing protection off again.

1:45pm – Jets back out the south window. Hearing protection back on.

2:20pm – Bastards still retuning and blasting out the south window.

2:40pm – Hearing protection off again.

3:10pm – Jets back out the south window, as usual. Hearing protection back on.

3:45pm – Hearing protection off again. What a brutal day and week. My ears are so sore.

Note – Amazingly quiet for the rest of the day for such a brutal torture day.

December 21, 2017 (Thursday): JN - 2 hours and HP - 1 hours

6:45am – Noticed an aerosol making a circle of poison along the south going from west to east. It didn't make any noise until it was directly over the house.

8:45am – After a completely quiet morning, bastards begin the exact same as the last 3 days. I don't know if I can take another bad one. Hearing protection on. I let out several primal screams today, on the verge of losing it. Worried that this could be the day that kills me.

9:35am – Back loud booming out the south window again. It sounds like an initial ripping boom, like someone dropped a bass drum in the distance. Then a short pause. Then the sounds of a turbine running, but increasing volume. Then a few loud thundering booms, into a sustained rumbling that slowly hovers while progressing across the sky like a VERY loud furnace.

10:00am – Pretty quiet after 10am. A friend picked me up for lunch and left here about 1:30pm.

Note – Not much jet noise today, but massive aerosol spraying, as usual. The sky looks just like a field of plasma.

2:35pm – Light jet noise beginning. Sounds like an aerosol plane, but I can't see it. I hope this is the beginning of a breather for the holidays coming up.

December 22, 2017 (Friday): JN – 2 hours and HP – 0 hours

6:30am – First serial torturer of the day. Loud sound out of nowhere to the west streaking slowly, EXACTLY along the south edge of the house moving slowly west.

8:00am – I can hear the aerosol planes, but not the war jets.

10:50am – Jets are starting to get louder out the south window, again. I think it is just the aerosol doubling with the noise torture today.

Noon – Fairly quiet day. Really hoping for a continued reprieve this weekend. Even sociopaths and psychopaths celebrate Christmas with family. I really need the break.

December 23, 2017 (Saturday): JN - 1 hours and HP - 0 hours

6:30am – Fairly quiet start to the day. I noticed something, since it was a clear morning. I saw a line of 4 or 5 plane lights in the dawn sky spaced evenly out in a line traveling from west to east, in COMPLETE silence. The noise is obviously being applied, intentionally. I suspect they come quietly over from a military base on the coast, under the cover of blankets of toxic aerosol. They then go to their assigned torture zones and begin the day's operations.

December 24, 2017 (Sunday): JN – 0 hours and HP – 0 hours

Note – No real jet noise today, but there was another loud prop plane. VERY bad aerosol sky day, though. This was a day with the black toxic ring around the sun. Those are the most toxic days of aerosol disbursement.

December 25, 2017 (Monday): JN – 3 hours and HP – 0 hours

7:34am – You have got to be kidding me! Christmas Day! Jet noise heard to the south for a few minutes, while shoveling chemical snow from last night's weather controlled storm. Loud enough to be annoying while outside, but probably would not hear it in the house. It was, most likely, an aerosol plane.

8:40am – More jets heard over town while I was outside. Just ridiculous, these bastards!

10:06am – Louder jets, still, out the south window. Starting to look like any other Monday.

2:30pm – While outside at a friend's house in Tonasket, heard another loud jet. It was low, but I still couldn't see the coward. It was progressing from SW to the NE, slowly as usual. Today has

also been an extremely bad electro-magnetic wind day. Very gusty. Merry Christmas from the evil vermin in the U.S. Government.

December 26, 2017 (Tuesday): JN – 0 hours and HP – 0 hours

Note – Not a peep today. I spent all day on alert, as usual, for any sound at all. This does not help my concentration when it is always thinking about the jet noise.

December 27, 2017 (Wednesday): JN - 2 hours and HP - 1 hours

9:00am – Very, very strange. Dead quiet start like yesterday. Nerve racking.

10:15am – While outside, thundering begins in the west, slowly progressing east along the south side of the house. No hearing protection yet.

11:25am – Loud jets to the south. Hearing into the house now. I am getting really tired of journaling and recording this crap.

Noon – Loud attack. Hearing protection on and turned the volume up on the TV.

Note – Fairly tolerable day with a few noteworthy attacks.

December 28, 2017 (Thursday): JN – 4 hours and HP – 0 hours

10:15am – Jets start for the day. A friend of mine was here at the time and was able to actually hear it. He will testify to that, when the time comes.

12:30pm – Putting on loud music for the day. Tired of this.

2:15pm – The noise was so severe for about half an hour, that I could hear it over Metallica at high volume. Shocking!

Note – A little worse than yesterday. No hearing protection since I played loud music instead.

December 29, 2017 (Friday): JN – 2 hours and HP – 0 hours

7:30am – Left for the Loup to go skiing, so no journaling while I was gone.

1:00pm – Back from skiing. While on the ski hill, there were several jet noise attacks up at that location as well. These bastards are EVERYWHERE!

December 30, 2017 (Saturday): JN – 2 hours and HP – 0 hours

3:00am – Up early, as usual, and heard first heroes of the day.

5:45am – Awakened from a nap by jet noise out the south window.

10:00am – I could hear jets outside of the funeral home that I was at, attending services for a lost friend.

12:15pm – Outside shoveling snow, hearing jets again.

Note – Fairly quiet after 2pm today. Nice.

December 31, 2017 (Sunday): JN – 0 hours and HP – 0 hours

Note – One final note. The U.S. Military has been using sound to torture prisoners for quite some time. At Guantanamo Bay, they used heavy metal music to torture detainees. They also have a barrage of sound weapons, that are VERY effective.